

Chainwheel Chatter

B.I.K.E.S. Club of Snohomish County
June 2023



Prez Sez

Fifty things to be thankful for!

Listed below, not in any particular order, are **49 people** who made the **McClinchy Mile Camano Climb** the best cycling event in the North Sound this year. (My apologies to anyone I missed.) It takes a lot of people, a lot of time, and a lot of effort and planning to pull it off. And pull it off they did! It was a hugely successful event with 367 paid registrants riding on five different courses with four food/rest stops.

And it's not just BIKES Club which can take the credit. There are three other organizations which contribute significantly; Stanwood Camano Kiwanis, Stanwood Camano ARES Team (radio operators), and Sharing Wheels.

All of us club members benefit from McClinchy whether we ride or not. So the next time you see these 49 people, tell 'em thanks, because they deserve it!

BIKES Club Volunteers:

Kristin Kinnamon (event manager), Debby Grant, Cheryl Walchli, Cindy Proctor, Tim Wise, Gary Broughton, Jim Stewart, Nina Kilham, Dulcy Stout, Shirley Spade, Janell Reich, Mitch Pico, Henry Cotter, Dan Scott, Elaine Scott, Patty Garrett, John Carlin, Jack Wolhart, Jack Willis, Fred Koch, Lori Brett, Bob Nyberg, Joann Anderson, Lou Rivetti, Dave Stewart, Adrienne Dorf, Debbie Kawamoto, Leslie Strickland, Perry Walker, Jay Grant, Jeff Creager, Kristi Knodell, Lawrence Baum, Paul Heydron, Drew Ellison

Stanwood Camano Kiwanis Volunteers:

Clarene Ricarte, Erika S., Dick P., Kate W., Steve Boskovich, Bryan T.

Stanwood Camano ARES Team (Ham Radio):

Rick Bressler, Don Thompson, Bill McGlashan, John Boal, Lee Clemetson, Larry Comp, Pat Cunningham,

Sharing Wheels:

Christy Cowley and mechanical support

And **one more thing** to be thankful for ... summer is here!

Now get out and ride your bike.

Keep on pedalin',

Prez Drew

president@bikesclub.org.



Vice Prez Sez



We've Come a Long Way Baby

These humorous, but meant to be serious, recommendations are taken from an actual article in the New York World newspaper from 1895, when cycling first started to become popular with women.

- Don't cultivate a "bicycle face"
- Don't refuse assistance up a hill
- Don't coast. It is dangerous
- Don't boast of your long rides
- Don't go without a needle, thread and thimble
- Don't scream if you meet a cow. If she sees you first, she will run
- Don't wear white kid gloves. Silk is the thing

For the full list of "recommendations" click on the link: [Don't cultivate a 'bicycle face' and other amusing advice for women in 1895 - \(womenwhocycle.com\)](#) and begin to realize how fortunate we are to live in the times we do. I for one would never refuse assistance up a hill.

"Tailwinds"

Vice Prez Cindy
vicepresident@bikesclub.org.



News You can Use....

Welcome New Board Members!

Thank You to Retiring Board Members!

At our May all-member meeting, BIKES Club elected two new board members. Cindy Proctor is now your Vice President and Shirley Slade is your new Board Secretary. Shirley will be sharing secretarial duties with Debbie Kawamoto.

Leaving the board is Jim Stewart, formerly VP, and Leslie Strickland, formerly Secretary. These two served the club with excellence and dedication.

Here is the board for the '23-'24 year.

President	Drew Ellison	president@bikesclub.org
Vice President	Cindy Proctor	vicepresident@bikesclub.org
Secretary	Shirley Slade	secretary@bikesclub.org
Treasurer	Debby Grant	treasurer@bikesclub.org
Past President	Rick Proctor	pastpresident@bikesclub.org
Member	Dan Scott	
Member	Lou Rivetti	

Other club positions are:

Membership Coordinator	Debby Grant	roster@bikesclub.org
Rides Coordinator	Dan Scott	leadaride@bikesclub.org
Rider Miles Coordinator	Mike Dahlstrom	ridermiles@bikesclub.org
Advocacy Coordinator	Rick Proctor	advocacy@bikesclub.org
Newsletter Editor	Cheryl Walchli	editor@bikesclub.org

Webmaster	Tim Wise	webmaster@bikesclub.org
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When you see Cindy and Shirley and Debbie, please give them a hearty welcome and give Jim and Leslie a sincere thank you for their service.

It's people like these that makes BIKES Club a great club to be a member of!



ASK THE WRENCH

The Wrench is taking this month off. He's exhausted after watching the Giro d'Italia - the hardest grand tour there is. He'll be back next month, maybe. :)
—RBW

Road Bike Wrench (Prez Drew)

drew@roadbikewrench.com

BIKES Club Meeting.

Summer Break

BIKES Club has monthly club meetings for members on the 2nd Thursday of each month from September to May. No meetings in the summer or December.



Coming Up...

Save the date for the annual BIKES club July 29th

The picnic will be held at Hague Homestead Park, Silver Lake, in Everett. Stay tuned for more info.

June Club rides

There will be a variety of BIKES Club rides scheduled through June on the [Calendar](#). Some rides may be posted the day before the scheduled activity. Rides can be cancelled or changed when weather conditions are forecast to be sufficiently foul as determined by the Ride Leaders and which forecasts they think may be accurate. Keep up with ride changes by subscribing to [Ride Updates](#).

[Rides Calendar >>>](#)



Ride Leader Corner

Ride leaders

By now you've received the email announcing the change to the allowed number of riders per ride. All of the templates are set to allow the maximum number of 20 riders.

BUT you still control the number for each of your rides.

On your template, along the gray header that defaults to event details, go to the heading marked 'Ticket type and settings'. Look at the box titled 'event registration limit' and edit that to whatever number of riders you're comfortable with, up to 20. Be sure to Save.

Your number doesn't have to be the same for every ride. Some routes may be better for a smaller or larger number of riders. Remember, rides of more than 12 require you to recruit a capable sweep (which could be, but doesn't have to be, a ride leader also).

As always, thanks for listing rides.

Dan Scott,

Ride Leader Coordinator

leadaride@bikesclub.org

New Membership options

[Membership Benefits>>>](#)

[Online Reg - Step by Step>>>](#)



Rider Miles

Top riders for May

Linari	Steve	2230
Proctor	Rick	1536
Tweedy	Christine	1269
Heydron	Paul	776
Rivetti	Lou	766

[How many Club miles do you have?](#)



Club meeting minutes

Catch up here to read the most recent meeting minutes. Log on to the club website to access all meeting minutes.

[Meeting Minutes >>>](#)



Sharing Wheels

Sharing Wheels News

Nonprofit partnerships make biking better

By Kristin Kinnamon, Sharing Wheels board president

Kids Bike Repair Tuesdays & Thursdays

Join volunteers on Tuesday or Thursday evening to help repair kid bikes for low income families. No experience needed, but please

[RSVP on our calendar.](#)

Bike sale June 17

11am to 3pm at Sharing Wheels

All bikes 20 to 50% off.

At 2531 Broadway Ave, Everett.

Bike to Sorticulture

Everett 's garden art festival is June 9-11. Information about the event is below

<https://www.visiteverett.com/1400/Sorticulture>

Sharing Wheels offers free bike Parking and package holding services. This is a great service for anyone who wants a safe place to leave the bike.

Volunteers are needed as well. See the volunteer sign up page at Sharingwherls.com

See all the events at [Sharing Wheels Calendar](#)

[Sharing Wheels Website >>>](#)

Other Links

League of American Bicyclists

Click on the link below to read the League blog and catch up on League efforts around the country. BIKES is a member of the League of American Bicyclists and it is through the League that we purchase our club insurance.

[League of American Bicyclists>>>](#)

Adventure Cycling

Whether you like your adventures in the saddle or from the armchair, Adventure Cycling will inspire. You might also find reviews of new bikes and equipment and tips on how to enjoy or improve what you already have.

[Adventure Cycling >>>](#)



bikesclub.org

Comments or suggestions? Send an email to:

[Newsletter Editor](#)
