

Chainwheel Chatter

B.I.K.E.S. Club of Snohomish County
November 2022



Prez Sez

2023 McClinchy Camano Climb Classic

The BEST North Sound Cycling Event!

The McClinchy Camano Climb Classic has become a very important event in the North Sound cycling community. Both because many local riders love it - the scenery, the challenge, the camaraderie with fellow cyclers - AND it is the main financial support for BIKES Club. It helps keep our yearly dues at a very low level.

Right now there are **two things you need to know** about 2023 McClinchy Camano Climb Classic.

- 1) It will be held on Sunday, April 30, 2023. Please mark your calendars NOW!
- 2) We will need LOTS of volunteers. Please consider how you, as a supportive club member, can help out. Look for communications from the club outlining opportunities to assist in putting on this great event. There will be pre-ride and day-of-ride roles needing to be filled.

And now you're wondering if we changed the name of the ride from McClinchy Mile / Camano Climb to McClinchy Camano Climb Classic. No, we didn't. I just like the sound of the four C words in succession. So it's just your Prez editorializing.

Stay safe while you're out there having Type 2 Fun. And don't forget to smile!

What is type 2 fun?

Type 2 Fun: This type of fun involves ... suffering. You probably didn't feel much elation during the ride. It may have rained the whole time and it was cold, and it was the hardest hill climb you've ever done. "Why did the Ride Leader include that long steep hill?!?!". You were just glad to get back to the car. During the ride, you may have told yourself that riding bikes is stupid and you'll never get on a bike again. But somehow you finished AND It gives you great stories to tell afterwards. You decide later that it was an epic ride. You can't wait to tell your buddies about it.

Keep on pedalin',

Prez Drew

president@bikesclub.org

BIKES Holiday Party

Mark your calendar for Saturday, December 3rd, 6pm, for the club holiday party, in person! Pull out or hunt down a holiday sweater, UGLY or NOT!, for our holiday sweater parade. Rummage through your recipes for a great potluck dish, BIKES provides ham for all. New this year, in lieu of a gift exchange, you may opt to bring an unwrapped item for donation to Christmas House.

Find more details and sign up on the Calendar

Sign up please so the party planners know how much ham to buy!

Vice Prez Sez

Ride Leaders Breakfast

Last Saturday, October 22nd, our club crew of ride leaders met for the first Ride Leader Breakfast since the pre-pandemic year of 2019! Of our 24 active ride leaders, 19 were able to join the breakfast to talk biking and discuss how to prepare for the next season.

The club has seen a lot of changes since the last meeting, so there was plenty to talk about. Topics included how to make the most of the new on-line registration process, policies for rides with new members, what to cover in ride briefings and ways to help maintain the expected ride pace.

We recognized Rick Proctor, Steve Linari and Dan Scott for their efforts leading many rides over the last year, and several new leaders who have been qualified since the last meeting: Dayle Iverson, Steve Linari, Laura Elmore, Jim Stewart and Paul Heydron.

The group will work on follow-up activities that we expect will improve the ride experience for all members. Besides the annual breakfast, we may have other informal events during the year to help share knowledge.

Having been a member of several other bike clubs, I am delighted to see how many active ride leaders we have, and how they all contribute to deliver a large number of rides throughout the year. For a relatively small club, having 24 ride leaders is something to be proud of.

Vice Prez Jim
vicepresident@bikesclub.org.

News You Can Use...

November BIKES Club Meeting.

The next BIKES Club meeting is set for 7 PM, November 10, 2022 at the Snohomish County PUD Building. 2030 California St. Everett, WA 98201

What if I really like online Zoom meetings?

Our intent is to get back to all in-person meetings. But, if you really want to stay online, at least for now, please let [Prez Drew](#) know.

BIKES Club has monthly club meetings for members on the 2nd Thursday of each month from September to May. No meetings in the summer or December.

ASK THE WRENCH

[Editor: the following is pure fiction, made up, 100% bunk. Don't believe a word of it, please.]

“Dear Road Bike Wrench,

Should I put fresh air in my tires? If I should, how often - every year or every month? I've heard people talk about replacing brake pads and chains every year and I wondered about the air. Asking for a friend.

Signed, Bewildered.”

Dear Bewildered,

I'm glad you asked the question because this is one of those things that everyone wonders about but people are afraid to ask. Really.

Now, I want you to understand that this answer does not apply to tubeless setups. “Your friend” isn't one of those people who go tubeless on their road bike, are they?!?! If so, we'll just have to have a little sit down over crumpets and tea heart-to-heart chat about that sort of thing. We cyclers are an accommodating lot, mind you, but there are some things which are just wrong, like mixing Shimano and Campy components on the same bike. It just is not done!

Seriously, what happens inside a bicycle innertube is that when the air goes stale it gets “heavy” and also the interaction between the heavy air particles and the inner lining of the tube increases and that creates extra friction, which in turn creates extra heat. The friction slows you down and the heat builds up. If it goes on too long like on a long downhill section, the pressure inside your tire increases and the rider risks a blowout. You work harder and it's dangerous, to boot!

So it's very important to regularly change the air in your tires. You wanna be fast? You wanna be safe? Then refresh your air every week. Do you like living on the edge? Heck, twice a year is fine. Just be sure you sign the ride waiver before every group ride.

Glad you asked.

—RBW

Road Bike Wrench (Prez Drew)

New Membership options

[Membership Benefits>>>](#)



Coming Up...

November Club rides

There will be a variety of BIKES Club rides scheduled through November on the [Calendar](#). Some rides may be posted the day before the scheduled activity. Rides can be cancelled or changed when weather conditions are forecast to be sufficiently foul as determined by the Ride Leaders and which forecasts they think may be accurate. Keep up with ride changes by subscribing to [Ride Updates](#).

[Rides Calendar >>>](#)



Ride Leader Corner

Ride leaders,

Please identify yourself as the ride leader on the template, otherwise this does not show up on monthly ride reports. If you are unsure how to do this, contact me or check the ride posting directions under the Members-only tab on the website.

Riders: if you never had read the Let's Ride information on the website, take a look. This covers many topics that make for better, safer club rides for all of us.

Tours: if you are thinking of setting up a multi-day tour for the club, please let me know so that we can get the process going, and try to space them out as calendar-wise..

Thanks for Riding

Dan Scott,

Ride Leader Coordinator

leadaride@bikesclub.org

COVID-19 persists

[Temporary Precautions for BIKES Club Ride During the COVID-19 Crisis.](#)

Max Group Sizes

Ride groups may now have 12 riders or less as determined by the Ride Leader. The number includes the Ride Leader. The ride posting and registration page should indicate the maximum number of riders for the ride.

[Online Reg - Step by Step>>>](#)

[Online Registration Process for Ride Leaders >>>](#)



Rider Miles Top riders for October

Linari	Steve	3538
Proctor	Rick	2611
Tweedy	Christine	2235
Kawamoto	Debbie	1581
Heydron	Paul	1496

[How many Club miles do you have?](#)



Club meeting minutes

Catch up here to read the most recent meeting minutes. Log on to the club website to access all meeting minutes.

[Meeting Minutes >>>](#)



Sharing Wheels

Sharing Wheels News

Nonprofit partnerships make biking better

By Kristin Kinnamon, Sharing Wheels board president



Help fix bikes for kids

Kids Bike Repair Parties continue every Tuesday and Thursday night through early December. Help make the holiday bright for low income kids while polishing your mechanic skills. RSVP on our [Calendar](#). Sharing Wheels shop, 2531 Broadway Ave, Everett.

Wheel Wreath Making Workshop

Wheel Wreath Making Workshop is Dec. 4. [Sign up soon to reserve your spot](#)

Photo: BIKES Club members Tom and Bill Weber, Cheryl Walchi and Kristin Kinnamon enjoyed last year's wreath workshop.



VELO Art Contest

[Velo Art Contest](#) registration opens Nov. 2. Make something fun or functional with upcycled bike parts or imagery. Art pieces will be displayed at the Dec. 8 Holiday Open House.

Examples of Last Years Projects





See all the events at [Sharing Wheels Calendar](#)

[Sharing Wheels Website >>>](#)

Other Links

League of American Bicyclists

Click on the link below to read the League blog and catch up on League efforts around the country. BIKES is a member of the League of American Bicyclists and it is through the League that we purchase our club insurance.

[League of American Bicyclists>>>](#)

Adventure Cycling

Whether you like your adventures in the saddle or from the armchair, Adventure Cycling will inspire. You might also find reviews of new bikes and equipment and tips on how to enjoy or improve what you already have.

[Adventure Cycling >>>](#)



bikesclub.org

Comments or suggestions? Send an email to:

[Newsletter Editor](#)