

Chainwheel Chatter

B.I.K.E.S. Club of Snohomish County
September 2022



Prez Sez

WHAT'S THE ONE EASY BIKE MAINTENANCE THING YOU CAN & SHOULD DO?

I know ... none of us really like to spend time working on our bikes (unless your brain is a little skewed, like mine). We really just want to ride them!

Besides keeping your tires inflated to proper pressure, you can and should keep your chain lubed. A clean and lubed chain will run quieter, shift better, and last longer. And it's easy to do. Here's how.

How to Clean and Lube your Chain

Now you can go out and enjoy the ride! Don't forget to smile and wave at other cyclists as you pass.

Keep on pedalin',

Prez Drew

News You Can Use...

September BIKES Club Meeting is in Person!!!!

The next BIKES Club meeting is set for 7 PM September 8th, 2022 at the Snohomish County PUD Building. 2030 California St. Everett, WA 98201

What if I really like online Zoom meetings?

Our intent is to get back to all in-person meetings. But, if you really want to stay online, at least for now, please let [Prez Drew](#) know. If there is demand, we will try to set up a concurrent streaming of the meeting over Zoom. It will be on a trial basis as we would need to climb the learning curve of hybrid meetings. We estimate that climb is similar to climbing Hurricane Ridge. Speaking of which ...

BIKES Club has monthly club meetings for members on the 2nd Thursday of each month from September to May. No meetings in the summer or December.

Check out Lake Crescent on the Olympic Discovery Trail

Way out west on the Olympic Peninsula there is a trail known as the [Olympic Discovery Trail](#). [The ODT has been evolving for decades](#) to eventually connect the Pacific Coast to Port Townsend with something like 130 miles of bike and pedestrian friendly trail.

[Read More >>>](#)

Progress Report on North Creek Trails. Phase 1

A newsletter from February 2021 featured three phases of development of the North Creek Trail [N-Crk-Trail-Newsletter-Feb-2021 \(snohomishcountywa.gov\)](https://www.snohomishcountywa.gov/Portals/0/Newsletters/N-Crk-Trail-Newsletter-Feb-2021) between Bothell and Mill Creek. On Monday, August 22nd, I (Rick Proctor) found the Phase 1 project to be nearly complete and the trail was open for riding, so as someone who is always exploring new routes, I did a test ride. This new Phase 1 all asphalt or concrete trail section is about 1¼ miles long.

[Read More >>>](#)

New Membership options

[Membership Benefits>>>](#)



Coming Up...

September Club rides

There will be a variety of BIKES Club rides scheduled through September on the [Calendar](#). Some rides may be posted the day before the scheduled activity. Rides can be cancelled or changed when weather conditions are forecast to be sufficiently foul as determined by the Ride Leaders and which forecasts they think may be accurate. Keep up with ride changes by subscribing to [Ride Updates](#).

[Rides Calendar >>>](#)



Ride Leader Corner

Ride leaders, time for a speed check?

When we post rides, we put a pace that fits the club posting guidelines. These paces are supposed to reflect the speed range on level ground. I'm not talking about downhill sections, nor about uphill; folks need to climb at their own pace, and as ride leader I need to offer the chance to regroup.

But, writing from a personal perspective, it's sometime too easy to go faster on those level sections. Perhaps the other riders seem to be ready to go faster, always right there ready to go. However it's also possible that they are struggling to hold on but are uncomfortable saying anything.

So as ride leaders, we need to not get carried away, nor let the faster riders 'push' us into raising the overall speed. If it's a constant problem, maybe we need to list our rides at a faster speed.

I know it's something I need to work on. Perhaps you do too?

Thanks.

Dan Scott,

Ride Leader Coordinator

leadaride@bikesclub.org

COVID-19 persists

[Temporary Precautions for BIKES Club Ride During the COVID-19 Crisis.](#)

Max Group Sizes

Ride groups may now have 12 riders or less as determined by the Ride Leader. The number includes the Ride Leader. The ride posting and registration page should indicate the maximum number of riders for the ride.

[Online Reg - Step by Step>>>](#)

[Online Registration Process for Ride Leaders >>>](#)



Rider Miles

Top riders for August

Linari	Steve	2460
Proctor	Rick	1895
Tweedy	Christine	1526
Kawamoto	Debbie	1309
Baldwin	Paul	1089

[How many Club miles do you have?](#)



Club meeting minutes

Catch up here to read the most recent meeting minutes. Log on to the club website to access all meeting minutes.

[Meeting Minutes >>>](#)



Sharing Wheels

Sharing Wheels News

Nonprofit partnerships make biking better

By Kristin Kinnamon, Sharing Wheels board president

BIKES Club member

There are two nonprofits based in Snohomish County that focus on bikes: B.I.K.E.S. Club and Sharing Wheels Community Bike Shop. B.I.K.E.S. has had strong ties to Sharing Wheels from the start of that organization in 2002. Individual members have always been involved in both organizations. Current B.I.K.E.S. president Drew Ellison is the vice president of the Sharing Wheels board. B.I.K.E.S. members often [donate to the shop](#) - cash, bikes, and accessories help Sharing Wheels keep all sorts of people rolling.

Just as important is the long-time collaboration between the organizations. For many years, B.I.K.E.S. has granted excess McClinchy Mile proceeds to Sharing Wheels in support of our kids bikes program and free shop access to tools and advice. B.I.K.E.S. often hosts a work party for members to fix kid bikes that go to low income families through Christmas House and other nonprofits.

Sharing Wheels has shared its monthly booth at the Everett Farmers Market with B.I.K.E.S. all summer - a chance for all of us to promote biking and be visible. ([There are still two Sundays to go if you want to volunteer!](#)) Sharing Wheels volunteers have provided mechanical and bike parking support at many McClinchy Miles. Last year the shop hosted several McClinchy planning meetings when other meeting venues were still limited due to COVID. Beginner-friendly shop rides have brought at least 2 new members to B.I.K.E.S. in recent years. A B.I.K.E.S. bookmark is tucked in with the price tag of every bike sold at the shop. This list of mutual support and collaboration could go on.

Instead, I will simply say "Thanks." All of us together make biking better in Snohomish County.

Kristin has been board president of Sharing Wheels since 2018, and has been president of B.I.K.E.S. three times since joining the club in 1999

Learn basic Bike Mechanics September 14

Learn the basics of bike repair every bike owner should know. This 3-hour class at Sharing Wheels includes: how to fix a flat, chain care, adjusting gears and brakes, and identifying when to take your bike into a bike shop. Learn more visit Sharing Wheel website. [To sign up](#)

Sharing Wheels Volunteer orientation

Wednesday Sept. 21 at 5:30 p.m.

Learn about our local nonprofit bike shop and the ways you can help at [the monthly Volunteer Orientation](#).. You'll get a Zoom link to attend the session with Sharing Wheels Executive Director Christy Cowley (also a BIKES Club member!).

To learn more about volunteering, you may also give the shop a call at 425-252-6952, stop by the shop during open hours, or [email us](#).

Help Fix Adult Bikes September 11 from 12:00 p.m to 4 p.m

Do you enjoy being around bikes and bike geeks - but sometimes want to be inside? Sundays are designated as work party days at the shop. Anyone willing to get greasy is welcome to come by between noon and 4 p.m. Learn and practice bike repair skills - from fixing flats to learning about bearings and hubs - if you want to. Sharing Wheels has lots of cool old bikes that need TLC. Show up on a Sunday to give a bike some love.

Adult bike work parties will take place in September (except Labor Day weekend). RSVP on the Sharing Wheels calendar so we have snacks on hand.

Sharing Wheels wants customers

Did you know that in addition to refurbished used bikes, Sharing Wheels has both new and used parts and accessories for sale? If you need a bike bag, rack, replacement shifter or bike-related doo-dad you didn't even *know* you needed, shop your local nonprofit first. Sharing Wheels is open Wednesday through Sunday at 2531 Broadway Ave., Everett, WA. Parking and entrance at the back.

See all the events at [Sharing Wheels Calendar](#)

[Sharing Wheels Website >>>](#)

Other Links

League of American Bicyclists

Click on the link below to read the League blog and catch up on League efforts around the country. BIKES is a member of the League of American Bicyclists and it is through the League that we purchase our club insurance.

[League of American Bicyclists>>>](#)

Adventure Cycling

Whether you like your adventures in the saddle or from the armchair, Adventure Cycling will inspire. You might also find reviews of new bikes and equipment and tips on how to enjoy or improve what you already have.

[Adventure Cycling >>>](#)



bikesclub.org

Comments or suggestions? Send an email to:

[Newsletter Editor](#)