

Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

[Next B.I.K.E.S. Club meeting on January 9th @ 7:00 pm](#)

Prez Sez

Happy New Year! Winter gloom is in top gear with likelihood for cold wind, ice and snow mixed in with short days. More rain is likely too. Low angle sun breaks may occasionally happen. Look on the bright side – we are now past the winter solstice, so the days are getting longer!

Website Changes

In case you don't already know, there have been a few changes to the [BIKES Club website](#):

The "Calendar" tab is on the top level of the tool bar since the Calendar has rides, events and tours and is evolving to be the one place to see what's coming up in the BIKES Club.

Selecting the top level "Calendar" tab will take you to the "Joining Us for a Ride" page with useful info for newbies to our website.

The 2nd level "Calendar" tab goes to the rides & events & tours calendar view. From that page you can still select "List View".

The "Overnights/Tours" tab is now under the top level "Calendar" tab, although there isn't much there right now.

The "Ride Updates" tab is under the top level "Calendar" tab.

Under the "About Us" top level tab there is a "Northern Events" tab that will take you to:

A list of the major events of the four member clubs of the North Puget Sound Bike Alliance.

Hyperlinks to the websites of the four member clubs. Most of these clubs have a Calendar, Events or Rides page you can navigate to see what they are planning.

Winter BIKES Club Activities

There are BIKES Club [rides](#) scheduled through January for those hardy enough to ride this time of year, plus more rides on short notice when Ride Leaders see a good weather opportunity. Keep up with ride changes and late additions by subscribing to [Ride Updates](#).

Next BIKES Club Meeting

The 2nd Thursday of each month from September to May are BIKES Club meetings for members. No meetings in the summer or December.

The next meeting is Thursday, January 9th, 2020

Meetings start at 7 PM at the Snohomish County PUD building, 2320 California St., Everett, WA

Optional dinner & pre-meeting socialization 5:30 PM at Brooklyn Bros Pizza, corner of Hewitt Ave & Lombard Ave in Everett

League of American Bicyclist Magazine

The BIKES Club is a member of the League of American Bicyclists, a national wide bicycle oriented organization. The winter 2019 digital edition of [American Bicyclist](#) magazine

(https://issuu.com/bikeleague/docs/lab_magazine_fa19_v6_web) is available for you to read and share with articles including:

- Laredo Rising
- Bicycle Friendly States (guess who's number 1!)
- Equity: The Sixth E
- Connecting Generations by Bike
- Viewpoint: Improving Lives and Communities through Building a Bicycle Friendly America
- Education: Smart Cycling: the Impact of Bike Education
- Federal Advocacy: Building Coalitions to Get Bipartisan Support for Better Biking
- National Bike Summit: 2020 Summit Preview
- Advocacy in Action: Bike Laws in the Works

Have a good ride!

Rick Proctor

President, BIKES Club of Snohomish County

JANUARY 2020

VOL. 485

RIDE GUIDE

PACE

Easy	under 10 mph
Social	10–12 mph
Steady	12-14 mph
Moderate	14-16 mph
Brisk	16-18 mph
Strenuous	> 18 mph

TERRAIN

"A" Mostly flat: Flat or gentle grades only (trails, Norman Rd)

"B" Rolling: Most climbs are short and easy (Granite Falls, Kitsap)

"C" Hills: Frequent steep-er and/or longer hills (Whidbey Island)

"D" Difficult: Many hills, long, steep grades (RAMROD, Mt. pass)

Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.

Pedal Pushers

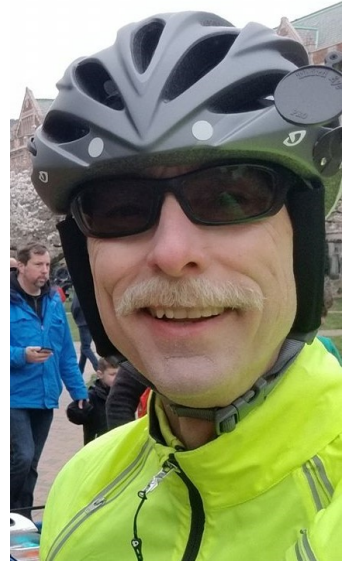
B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. **Lynnwood Senior Center** Wednesdays. See the [Rides calendar](#) for details.

Who Makes the BIKES Club Go?

The annual BIKES Club Year-End Holiday Party was held the evening of Saturday December 7th at the Waltz building in Snohomish. There were 49 bike-oriented people in attendance and a good time was had by all with lots of conversation, food, drinks, gift exchanges, sweater contests, Rider Miles awards, and more conversation. Thanks to Shirley Slade, Elaine Scott, Raquel Haunreiter and Kay Peterson for their efforts in making this event a good one.

The mission of the BIKES Club is “encourage bicycling for recreation, transportation and exploration”, with the following goals:

- Sponsor organized recreational bicycle rides.
- Promote bicycle safety.
- Encourage transportation development organizations to provide bicycle friendly infrastructure that will draw more people to bicycling.
- Ride bicycles responsibly with other traffic.
- Maintain the www.bikesclub.org website and associated e-communications for effective club operations.
- Coordinate the major events of the BIKES Club with other bicycle clubs in Washington state.



At the time of this writing in mid-December, the BIKES Club has 203 members. Let’s take a moment to recognize all the people known to help make these goals a reality by contributing their time and skills throughout 2019:

- Ron Anderson – Ride Leader, McClinchy Mile registration
- Bob Biesiedzinski – Ride Leader, Editor of the Chainwheel Chatter newsletter, McClinchy Mile SAG support
- Viv Biesiedzinski – Ride Leader, McClinchy Mile rest stop coordinator
- Jim Bloss – McClinchy Mile SAG coordinator & family ride helper
- Ken Brane – McClinchy Mile route marking
- Linda Braun – McClinchy Mile registration
- Lori Brett – McClinchy Mile food coordinator
- Mike Dahlstrom – Ride Leader, [McClinchy Mile jurisdiction notices & food stop helper, community bicycling advocate](#), article contributor for the Chainwheel Chatter
- Adrienne Dorf – [McClinchy Mile food coordination & welcome helper, article contributor for the Chainwheel Chatter](#)
- Drew Ellison – Ride Leader, Bike Swap event coordinator, McClinchy Mile route sign plan & rest stop helper
- Clarence Elstad – McClinchy Mile parking & gear return to locker
- Steve Fox – keeper of the Bikes Club bike box and bike trailer
- Cheryl Funkhouser – Ride Leader
- Patty Garrett – founding club member, McClinchy Mile registration
- Nancy Graham – Ride Leader

(continued on next page)

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership	\$25 Annual (INDIVIDUAL)	<input type="checkbox"/> New Member
DUES	\$35 Annually (FAMILY)	<input type="checkbox"/> Renewal

Member benefits: 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.

- Debby Grant – Treasurer, Membership Coordinator, Ride Leader, McClinchy Mile event director & welcome coordinator
- Kurt Haunreiter – McClinchy Mile registration, jersey designer, McClinchy Mile logo design for 2020
- Raquel Haunreiter – Vice President, Ride Leader, Rides Coordinator, Calendar maintainer, McClinchy Mile registration
- Steve Hudspeth – McClinchy Mile food stop helper
- Debbie Kawamoto – Ride Leader, McClinchy Mile food coordinator
- Kristin Kinnamon – Ride Leader, McClinchy Mile rest stop coordinator & route/map helper, community bicycling advocate
- Kristi Knodell – Registration coordinator
- Fred Koch – Ride Leader, McClinchy Mile SAG support
- Judy Lang – McClinchy Mile food stop helper
- Bill Lutterloh – Ride Leader, McClinchy Mile food stop coordinator
- Jack McClinchy – Ride Leader, McClinchy Mile bike parking
- Bob Nyberg – Ride Leader
- Kay Peterson – Ride Leader, McClinchy Mile registration, Year-End Holiday Party co-coordinator
- Juanita Pias – McClinchy Mile parking
- Peter Pias – McClinchy Mile parking
- Mitch Pico – McClinchy Mile map maker & route marking & registration
- Cindy Proctor – Ride Leader, McClinchy Mile route marking & registration, North Puget Sound Bike Alliance secretary, Ride Leader Breakfast coordinator
- Rick Proctor – President, Ride Leader, McClinchy Mile route planner & route marking & route/map helper, community bicycling advocate, article contributor for the Chainwheel Chatter
- Janell Reich – McClinchy Mile bike parking
- Kathy Riddle – Secretary, McClinchy Mile registration
- Gabe Rinkes – Rider Miles coordinator, McClinchy Mile route marking & sign maker & parking
- Lou Rivetti – Ride Leader, McClinchy Mile route marking & SAG support
- Patrick Robertson – McClinchy Mile SAG support
- Dan Scott – Ride Leader, community bicycling advocate
- Elaine Scott – Picnic coordinator, Year-End Holiday Party coordination
- Bette-Ann Shroyer – McClinchy Mile food stop helper
- Shirley Slade – Year-End Holiday Party co-coordinator, McClinchy Mile welcome helper
- Leslie Strickland – McClinchy Mile registration
- Linda Thiem – McClinchy Mile route marking
- Cheryl Walchli – McClinchy Mile route marking
- Perry Walker – McClinchy Mile SAG support
- Bill Weber – Ride Leader, McClinchy Mile parking coordinator & family ride coordinator, community bicycling advocate
- Jack Willis – Ride Leader, McClinchy Mile SAG support
- Tim Wise – Webmaster
- Jack Wolhart – McClinchy Mile route marking
- Marietta Zander – McClinchy Mile bike parking

When you get a chance, let these good folks know you appreciate their efforts in making the BIKES Club the fun place it is.

Have a great ride!

Rick Proctor
President, BIKES Club of Snohomish County

NEWS YOU CAN USE!!

Save the Dates – McClinchy 2020 Planning Meetings

Come join us and help kick off next year's McClinchy Mile planning. The first meetings are where we'll make basic decisions so we can start to set up our online information, reserve facilities, and firm-up routes. Your comments and experiences are important, please plan to attend. PUD is food-friendly, bring dinner if you want.

Monday Jan 13 6pm PUD Everett

And the Winner Is...



April 26, 2020

More details in next month's newsletter!

NEWS YOU CAN USE!!

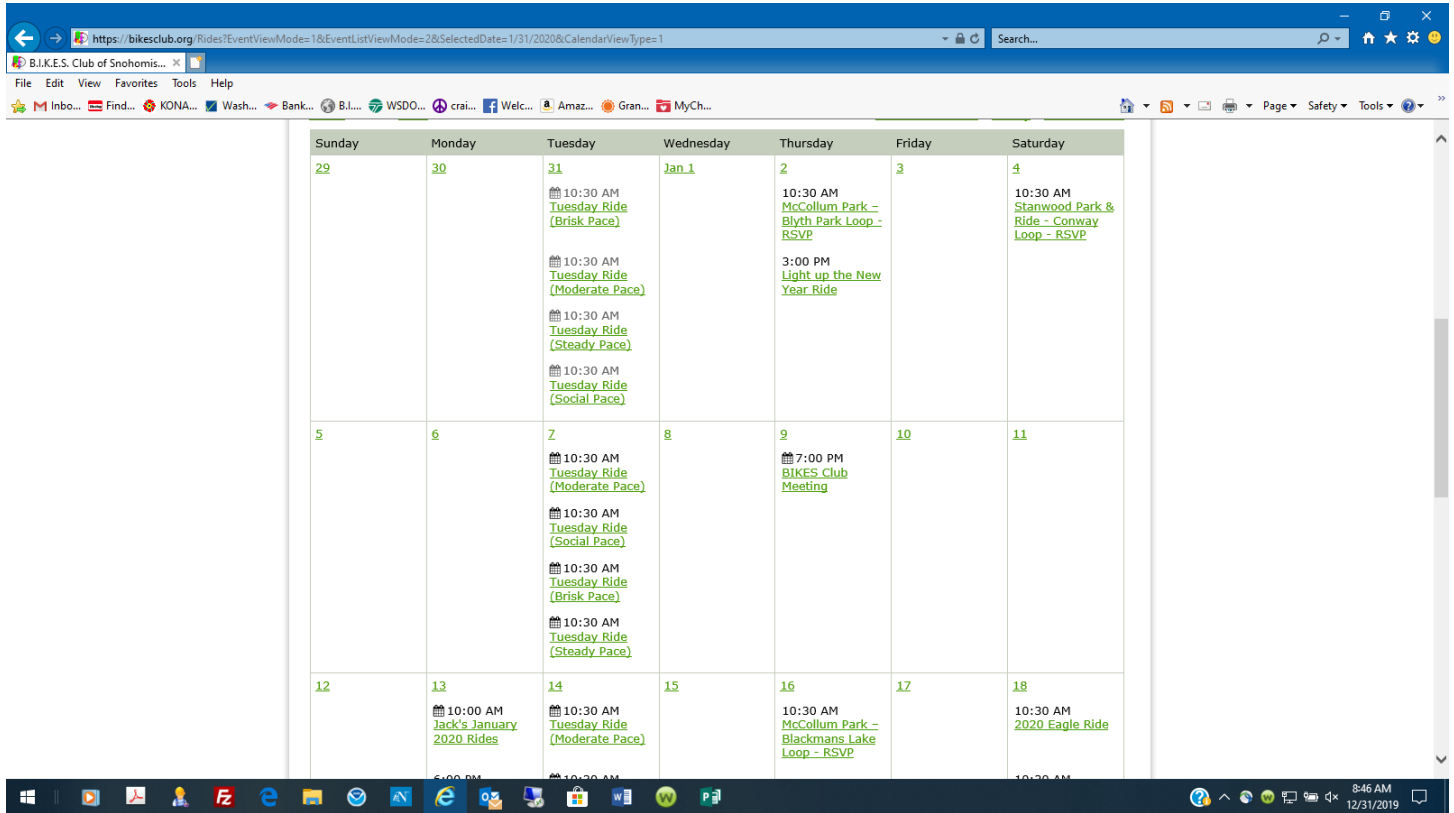
Year End Party in Review!!



***Happy New Year to All!
And to All a Good Ride!!!***

January Rides: Weekends & Weekdays

In an effort to minimize duplication of information please use this [link](#) to visit the club ride calendar online. This is the best way to see current information as well as ride updates.



Want to join in a weekend or longer bicycle tour? Check out the club

[Overnight/Tours Page!](#)

Use the Ride Updates Page!

Don't see a ride on the calendar that "entices" you? You can post up a ride that you like to do! Many club members have used this feature to host several rides throughout the year that otherwise would not have been on the calendar. Please allow at least 24-48 hours of lead time before the start of the ride when making your post so members can plan to join the fun!

**WE WANT YOU FOR
A RIDE LEADER!**



We're on the web at
www.bikesclub.org

BIKES Club of Snohomish County

Meeting Minutes

November 14,2019

In Attendance: Patrick Robertson, Kit Wennersten, Mitch Pico, Shirley Slade, Debbie Kawamoto, Rick Proctor, Cindy Proctor, Kathy Riddle, Bob Getz, Dan Scott, Drew Ellison, Raquel Haunreiter, Kurt Haunreiter.

Introductions: Rick asked members to introduce themselves and age when you got your first bike. Most members remember being in grade school.

Budget / financials: Debby was not present at the meeting and Rick passed out a copy of budget. \$2,621.20 net available cash on hand.

Sandwich boards: Bill was not present at the meeting. No update on sandwich boards.

Feather flag: Shirley will be working with vendors on design, lettering and material of feather flag. Thank you, Shirley.

Projector: Rick will place order on Friday or Monday.

Jersey bids: Kurt passed out copies of prices for short and long sleeve jerseys from various vendors. Peak1 Sports had best prices for jerseys. Kurt will proceed to bid and design from Peak 1 Sports. Thank you, Kurt for pricing set jerseys for BIKES.

New feature: connect Ride with GPS to Relieve: Rick discussed a new feature with clubs GPS. Relieve will let members share their ride in 3D, post pictures and “relieve”the route among other features.

Year-End Holiday Party: Dec 7th, 6PM, Snohomish, Walz bldg. Shirley informed members about the festivities for BIKES Holiday Party. Members may bring a beverage (no home made alcoholic), contest for best holiday sweater “ugly or not”, and awards for riders mileage. Club will provide ham, paper plates and attendees will bring flatware and glassware, side dish or desert for sharing. Raquel shared with members a holiday arrangement that she made. Raquel will provide 12 arrangements for our holiday party. Thank you Raquel for making the arrangements. RSVP Elaine Scott by Thursday, Dec. 5th.

Bicycling advocacy news:

North Puget Sound Bike Alliance meeting Nov 10th. Cindy presented results of meeting on Nov 10th meeting at North Puget Sound Alliance. Encourage shared calendar with a link-members can access information with Skagit, Whidbey Island and Mt. Baker clubs. Clubs use same insurance company.

WA Bicycle Law Pocket Reference available from John Duggan, cycling attorney. Rick passed out WA Bicycle Law Pocket Reference for members to look at. Bob Getz, will contact John Duggan on obtaining pocket references for BIKES.

Regional Trails Coalition Thu Nov 21st, 1:00 – 2:30 PM, Mercer Island Comm. Ctr.

Trail Coalition of SnoCo Thu Nov 21st 5:30 -6:30 PM, Willis Tucker Park

Coalition will match funds that BIKES have raised for memorial to past members who were dedicated to making BIKES the great riding club we have.

WSDOT Pathways for Active Transportation online opportunity ends Nov 30th

Bike Swap March 22ND: Drew will be organizing swap meet. BIKES will have a 10 ft. booth. He will be collecting donations to sell at swap meet one month before event. Dollars raised will go to the BIKES memorial fund.

McClinchy Mile – Camano Climb 2020:

Date Sunday April 26th

Coordinator: Debby

New logo: Kurt passed out copies of three logos he designed for BIKES. All members present felt Kurt did an excellent job. Thank you for all your time and effort on working on the new logo.

Next Planning meeting: Monday Dec 9th, 6 PM SnoCo PUD Everett

Next Meeting: – Will be Thursday, January 9th, at 7:00 PM

Meeting Adjourned

B.I.K.E.S. CLUB MEMBER RIDER MILES

Rick	Proctor	3211
Bob	Nyberg	2188
Lou	Rivetti	1802
Cindy	Proctor	1637
Linda	Thiem	1490
Steve	Linari	1164
Cheryl	Walchli	1146
Fred	Koch	1089
Debbie	Kawamoto	1082
Drew	Ellison	1002
Dan	Scott	994
William	Paul	925
Ron	Andersen	923
Cheryl	Funkhouser	909
Adrienne	Dorf	804
Paul	Vermeulen	698
Jack	Willis	649
Gary	Broughton	637
Bob	Pahlman	618
Earl	Bardin	615
Rick	Poffenroth	601
Christy	Cowley	580
Brenda	Ferguson	529
Janet	Leister	524
Michael	Fenlin	523
Elaine	Scott	514
Leslie	Strickland	508
Mitchell	Pico	502
Bill	Lutterloh	482
Bob	Biesiedzinski	481
Vivian	Biesiedzinski	481
Raquel	Haunreiter	463

Stephen	Fox	462
Paul	Heydron	449
Judy	Lang	448
Linda	Braun	432
Kala	Koch	426
Patrick	Robertson	422
Nancy	Graham	397
William	Weber	388
John	DeNinno	387
David	Stewart	351
Richard	Dermody	344
Kathy	Riddle	334
Bobbie	Laue	316
Fred	Norouzi	316
Judith	Izutsu	312
Michael	Dahlstrom	298
Penelope	Thompson	292
Gabriel	Rinkes	284
John	Carlin	271
Ken	Brane	267
Don	Martin	256
Tara	Fuller	255
William	Brack	252
Daryl	Bates	242
Jan	Johnson	233
Marcia	Stedman	229
John	Steyer	225
Jay	Bonner	214
Jim	Stewart	208
Alison	Ahlgrim	206
James	Shaver	206

Debby	Grant	205
Kristin	Kinnamon	202
Deborah	Fox	201
Kristi	Knodell	200
Marietta	Zander	200
Teresa	Haldorson	197
Shirley	Slade	162
Kurt	Haunreiter	159
Allison	Quillen	158
Sue	Regan	155
Kit	Wennersten	144
Chip	Hart	141
Catherine	Rudenick	132
Gloria	Hammond	131
Faith	Sokol	127
Marlys	LaVare	115
Jack	McClincy	111
Larry	DeBardi	110
Bette-Ann	Shroyer	106
Robert	Getz	105
Kay	Peterson	105
Sharon	Broughton	104
Linda	Hunter	104
Paul	Baldwin	102
Tim	Wise	101
Jack	Wolhart	101
Jim	O'Leary	99
Matt	Petersen	96
Simone	Studer	89
Pam	Snook	86
Jim	Roosma	85

Bob	Garrett	84
Perry	Walker	83
Dale	Shoup	64
Samantha	Cheng	63
Bruce	Berg	62
Melisa	Atkins	60
Peter	Smith	57
Brian	Medendorp	56
Dennis	Larson	53
Matt	Covert	50
Vickie	Stewart	49
Joe	Self	48
Lawrence	Gordon	47
Janell	Reich	43
Ed	Janonis	35
Erin	Janonis	35
Michael	Snodgrass	35
Drew	Gideon	32
Patty	Garrett	30
Matthew	Harward	30
Dayle	Iverson	28
David	Hallenbeck	26
Connie	Bennett	25
Dick	Nicholson	24
Pat	Rogers	24
Paul	Rogers	24
Cecily	Tillinghast	23
Clarence	Elstad	21
Bill	Ferguson	21
Jon	Bren	20
Mary Jo	Gerst	20
Peter	Hallson	18

How are BIKES Club Rider Miles Calculated?

Are you tracking your miles for the year? So are we - but only on official club rides. What qualifies for B.I.K.E.S. Rider Miles? Club rider miles are only counted for those rides and tours that are posted in the newsletter and website ride calendar or on the Ride Updates page. The idea is that club miles apply on rides where club members were notified in advance.

Note that only club member miles are listed. Any guests who ride would need to become a club member to see their miles listed.

Ride Pictures from the B.I.K.E.S. Club Members!



December had many great rides! Thank you to all who posted photos of what we love to do...

RIDE OUR B.I.K.E.S.!

If you would like to see your pictures in the newsletter you can send them directly to editor@bikesclub.org or post them on the [BIKES Club Facebook Page!](#)

Facebook!

Club members -- join [BIKES' Facebook group](#). We've set the page up to share photos, ride reviews, bike or travel discussions, etc. Thanks to Dan Scott for managing our page, and to the many members who contribute interesting posts.



[Check the Road Condition Before You Go!](#)

[Snohomish County Roads Central Updates](#)

[WSDOT Weekly Snohomish County Roads Weekly Update](#)