

Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

MARCH 2017
VOL. 450

[Next B.I.K.E.S. Club meeting on March 9th @ 7:00 pm](#)

Prez Sez...Secretary Sez!

Springing Ahead

It just keeps getting better; more daylight, warmer (and hopefully dryer) weather, which means more cycling! March does seem like the start of cycling season in a lot of ways, and not just because of the weather. Coming up are some fun bike events this month, starting March 4th and 5th, with the **Seattle Bike Show** at Century Link Field Exhibition Center. Bikes Club is sharing a booth to promote McClinchy Mile with the Ride to Remember Oso organizers. Thanks to Mike Dahlstrom for heading up the details for that. Here is a link to the event, and we have sent out a code for \$2.00 off the price of tickets. <https://www.seattlebikeshow.com>

The **Ride to Remember Oso** is coming up March 19th, starting in Arlington. If you are able to ride and haven't been out that way, it's a scenic and awe inspiring route, commemorating those who were affected by the landslide. <https://www.ridetorememberoso.com> Bikes club has committed to helping organize and support this event, and we still need volunteers to help us with manning the rest stop table at the mid-point in Oso, and also at the start and finish to help promote our club and McClinchy Mile coming up April 30th, and also a few more willing to help "sag" the route. It will be quite the event, with bluegrass music, food for purchase, games for children and vendors at the finish line and possibly participation by our state and local representatives including (I heard) Governor Jay Inslee, who is an avid cyclist himself.

Speaking of **McClinchy Mile**. Lots of changes and all for the better, new date and a new route and new start location (Haller Park). We are excited about our promotional efforts this year, and have had lots of help from our club members and friends in designing and producing posters, rack cards and a TERRIFIC new jersey design especially for this year's McClinchy, which if you haven't already, you will see VERY soon. Thanks to local artist and member Deb Fox and to Kristin's step-mom Katie for sharing their talents. Once we get our materials, we would love for you to share them in your local areas, coffee shops, bike shops, fitness centers, wherever appropriate. Let me know if you are willing to help in that effort. We'd love to have a record turn out for McClinchy this year. We are also looking for more people to help with registration and food stops for McClinchy! There will be a special volunteer thank you dinner after the ride, and you will also get a free special commemorative pint-glass as a thank you!

Also, there is an open-to-the public **Facebook** page for McClinchy now, check it out! Comment! Share!! Post pictures! <https://www.facebook.com/events/388860774807290/>

Another fun event (for our women club members) is March 16th, **Women on Wheels** at the Cascade Bike Club at Magnuson Park. It's a free event, but space is limited, so if you want to attend, sign up soon! <https://www.cascade.org/connect/women-wheels>

And since the secretary gets to have a few words this month, I just want to give a shout out to our amazing President, Kristin Kinnamon and outstanding Treasurer, Debby Grant, for all the hard work and effort they put into making this bike club work. We are so lucky to have them and they put a lot of their time in making **Bikes Club** what it is. So **thank you** Kristin and Debby, so much!

Next board meeting will be March 9th, 7:00 p.m. at the Everett PUD building, 2320 California Street. All are welcome! We hope to see you soon.

Cindy Proctor, Secretary
B.I.K.E.S. Club

RIDE GUIDE

PACE

Easy	under 10 mph
Social	10-12 mph
Steady	12-14 mph
Moderate	14-16 mph
Brisk	16-18 mph
Strenuous	> 18 mph

TERRAIN

"A" Mostly flat: Flat or gentle grades only (trails, Norman Rd)

"B" Rolling: Most climbs are short and easy (Granite Falls, Kitsap)

"C" Hills: Frequent steeper and/or longer hills (Whidbey Island)

"D" Difficult: Many hills, long, steep grades (RAMROD, mt. pass)

Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.

Pedal Pushers

B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. **Lynnwood Senior Center** Wednesdays. See the [Rides calendar](#) for details.

NEWS YOU CAN USE!!

Seattle Bike Show March 4-5

The [Seattle Bike Show](#) features the best of biking, with more than 125 exhibitors and a stand out line-up of speakers & presenters. This is your once-a-year chance to see the entire biking community under one roof – and it all happens at CenturyLink Field Event Center, March 4-5, 2017. BIKES has a booth at the show to promote Snohomish County bike events, so if you want to get in for cheap, volunteer at our booth.

Ride to Remember Oso March 19

This event remembers those who were lost and affected by the Oso slide. It brings together the communities of Arlington and Darrington to ride the road that connects them.

The one-way, 28-mile ride starts in downtown Arlington at Legion Park and follows State Route 530 to a celebration in Darrington. A \$30 registration fee includes:

- Return transportation for you and your bike
- Rest stop at the Oso Store
- Long sleeve event shirt
- Bike mechanics / support vehicles on site
- Finish line event (*food for-purchase, beverages, family activities*)

There's also a free, 6-mile family ride on the Whitehorse Trail. [Register on active.com](#)

Volunteer for Oso Ride

BIKES Club has committed to helping this community ride with our equipment and expertise. We need volunteers to help with:

- Posting “bikes on road” signs before the ride begins (scout in advance, post early Sunday) and take them down after the event – 1-2 people
- Driving “sag” support vehicles to help riders along the route (fix kit and vehicle light provided by club, you bring cell phone, bike pump and bike carrying capacity) – 3-4 people
- Registration help – you know how to take money and be friendly – 3-4 people
- Food stop help – make people happy by helping out at the Oso Store rest stop – 3-4 people

Volunteers get a special event t-shirt and a warm fuzzy feeling. See other volunteer needs on the [event website](#). Contact event organizers at contact@ridetorememberoso.com or 360-403-3448.



B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership	\$20 Annual (INDIVIDUAL)	New Member	<input type="checkbox"/>
DUES	\$25 Annually (FAMILY)	Renewal	<input type="checkbox"/>

Member benefits: 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.

March Rides: Weekends & Weekdays

WEEKEND RIDES

Saturday March 11th

[Haller Park – Lake McMurray Loop](#)

Meet at Arlington Haller Park a few minutes early for a 10am start. Loop ride to Lake McMurray and Bryant on country roads of north Snohomish / south Skagit counties and the north Centennial Trail. Moderate pace (14 - 16 mph), 35 miles, A & B terrain 1,200 feet of elevation gain. Coffee/lunch stop expected. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels. Check for Ride Updates or call/text if in doubt.

Saturday March 11th

[Snohomish Centennial Trail “Rehab” Ride](#)

Meet at the Snohomish Public Library adjacent to the Centennial Trail at 10:30 for a social paced “rehab” ride after a long winter layoff from your bike of 10-15 miles. Depending on how folks are feeling the distance could vary! We can go to the Snohomish Bakery for refreshments after the ride. Bob & Viv Biesiedzinski, Ride Leaders. Rain or freezing temperatures will postpone the ride to Sunday, March 12th at same start time. RSVP to Bob or Viv at 206-595-3822 or bobbez@gmail.com.

Sunday March 12th

[Social Pace Ride to Flying Apron Bakery](#)

Join us for a 20 mile ride starting 10:30AM from Blyth Pk. (Bothell) to Flying Apron Bakery (Redmond Sq.) via Sammamish Rv. Trail. Ride Leader: Bette-Ann Shroyer. Bicyclingfun4me@gmail.com. Poor Weather or forecast cancels, check “ride updates” page.

Saturday March 25th

[Skagit County Loop](#)

Join Kurt & I on this scenic, rural route from Mount Vernon to Bayview, Samish Island, Edison, Bow and Avon Allen. We leave from Edgewater Park, Mt Vernon at 10 am. Restrooms are at start. Low traffic. Food/rest stop at Edison. 42 miles, 651 ft elev gain, steady-pace, A/B terrain. Route: [Skagit County Loop](#). Ride leader Raquel Haunreiter, cell: 425-760-0805. Heavy rains/snow cancels ride.

Sunday March 26th

[Mill Creek Park Social Ride](#)

18+ miles, Social Pace, A/B Terrain. Starting at McCollum Park and Ride, wind through Mill Creek back roads and hidden parks. Some hills, nothing terribly steep, rolling terrain though. End at MOD pizza in the Albertson's shopping center for light lunch/refreshment (optional) and return via North Creek Trail behind the Town Center. Definite social pace (10-11 mph), with lots of scenic stops! Rain showers will cancel, check ride updates morning of ride. Ride leader Cindy Proctor, 425-293-3152.

<https://ridewithgps.com/routes/19176656>

WEEKDAY RIDES

[Thursday March 2nd, 23rd McCollum – Mukilteo – Everett](#) Loop Meet a few minutes early at McCollum Park west parking lot for a 10am start. Loop ride through Harbour Point, Mukilteo, and Everett. Coffee / lunch along the Everett waterfront. 33 miles, moderate pace (14 – 16 mph), A & B terrain with 1,800 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt.

[Thursday March 2nd, 30th Social Pace Ride to Flying Apron Bakery](#) Join us for a 20 mile ride starting 10:30AM from Blyth Pk. (Bothell) to Flying Apron Bakery (Redmond Sq.) via Sammamish Rv. Trail. Ride Leader: Bette-Ann Shroyer. Bicyclingfun4me@gmail.com. Poor Weather or forecast cancels, check "ride updates" page.

[Friday March 3rd, 17th, 30th Jack's Friday Urban Fitness](#) for NorthEnd Riders RSVP in meetup or call 425 478-0429. Meet at Alderwood Costco Parking lot at 10am. Restroom at midpoint and end of ride. Combination of inter-urban trails and back roads of Lynnwood, Mountlake Terrace, Edmonds, Shoreline, Everett, Mukilteo. A&B terrain, 15 to 20 miles or 2 hours. Stay together. High Steady - low moderate pace. Steady rain, WET pavements cancel.

[Tuesdays March 7th, 14th, 21st, 28th Tuesday Moderate Ride](#) – 10 am start Meet a few minutes early at Silver Lake Bicycle Centre for a 10 am start. Moderate pace group (14 – 16 mph) 20 or so miles, A/B terrain. Loop ride routes vary. Mid-ride break with optional lunch and/or coffee after the ride. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels. Check the Rides Updates page or call/text if in doubt.

[Tuesday Social Paced Ride](#) – 10 am start Meet at Bicycle Centre Silver Lake, at 10 am. Mileage will vary between 20-24 miles, A and B terrain in the Mill Creek area. We will meet for lunch/coffee after the ride at approximately 1:00 pm, varying locations. Expected pace to be between 10-12 mph, and you should have a bike in good working order. Even though "social paced" this is not a "beginner" ride, as we do quite a bit of elevation gain on this route - usually over 1000 feet. Rain or icy weather will cancel, be sure to check ride updates. Rider leader Cindy Proctor. 425-293-3152.

[Thursdays March 9th, 30th Giro di Sentieri](#) Meet a few minutes early at McCollum Park west parking lot for a 10am start. Loop ride including sections of the Interurban, Burke-Gilman, Sammamish River, and North Creek trails and interconnecting streets. Coffee, lunch, and rest stops expected. 34 miles, moderate pace (14 – 16 mph), A & B terrain with 1,600 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Rides Updates page or call/ text if in doubt.

[Thursdays March 9th, 23rd Ride from Bothell to Whole Foods](#) Social Pace ride 23 miles, start 10:30AM, Blyth Pk. (Bothell) to Whole Foods in Redmond & vicinity via Sammamish Rv. Trail. Ride Leader: Bette-Ann Shroyer (206-300-7825), Bicyclingfun4me@gmail.com. Poor Weather or forecast cancels, check "ride updates" page.

[Thursday March 16th North Seattle Parks Loop](#) Meet at Shoreline Park & Ride (Aurora Ave N & N 192nd St) south parking lot a few minutes early for a 10am start. Loop ride on trails and streets near Puget Sound through Golden Gardens, Chittenden Locks, Discovery Park, Gas Works Park, UW, Ravenna Park, Green Lake, and Greenwood Park. We will walk the bikes through Chittenden Locks area (1/2 mile). We will forage for coffee / lunch along the way. 36 miles, moderate pace (14 – 16 mph), A & B terrain with 1,800 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt

[Thursday March 16th Lowell-Machias Bakery Ride](#) Social Pace Ride 24 miles, start 10:30AM, Rotary Pk. (Lowell) to Machias Trail Head via Snohomish Rv. Rd. & Centennial Trail. Return stop at Snohomish Bakery. Ride Leader: Bette-Ann Shroyer (206 300-7825). Bicyclingfun4me@gmail.com. Poor Weather or forecast cancels, check "ride updates" page.

Weekends & Tours—2017

BIKES Cub tours and weekends are put together with the idea that riding and sight-seeing are more enjoyable for a group. We would hope that if you want to diverge from the intended routes that you would communicate with the ride leader and be able to find your own way.

Have your bike in good repair, and be ready to ride some hills and the distances involved. Everyone should have the equipment and know how to deal with a flat tire.

HS=hub & spoke (stay all nights in one motel/campground)

Credit Card = stay in hotel/motel, carry own luggage

Self-contained = haul own luggage for camping

April 4/30 McClinchy Mile-BIKES Club

May

5/13 Skagit Spring Classic-Skagit Bicycle Club

5/20-5/21 Yakima Wine Ride (HS) with Jack McClincy & Janelle Reich

Most people will camp at Yakima Sportsman State Park. If you are not a camper there are motels in the area. Some motels are located on the bike trail near the campground. People need to make their own reservations. I suggest doing so as early as they will take them as this campground tends to fill up.

Saturday May 20. This is the day for the wine tasting. We usually rendezvous at the campground about 8:30am and then drive down the valley 10 miles or so to the ride start point. The ride is usually 35-40 miles with stops at 5-7 wineries and lunch in the middle. I try to find a suitable café for lunch stop. Route cue sheets will be provided with names and addresses of the wineries. As we make many stops no one gets left behind. We usually try to have a sag driver so that if someone is not interested in riding the entire route people can put bikes in the vehicle and take it easy. This also lets us carry purchases. On Saturday evening we host a potluck dinner in camp. We usually will provide a spaghetti dinner and ask that others bring things to go with it. Please check with Jack and Janell before the ride so that we can plan for the number of people planning to attend and coordinate the dishes. Our home phone is 360-435-5978 and Janell's cell phone is 360-631-8364.

Sunday May 21 We will either drive to the west side of Yakima and ride to Naches. This can be a 24 or 32 mile ride depending on the wishes of the group. The other option is to ride the bike trail over to Fred Meyers on the west side of Yakima and either bring or buy lunch there. I usually take a group vote to see what people feel like doing. If we go to Naches there is no lunch stop so be prepared to bring

5/20-5/27 Everett-Portland-Pasco Tour (self-contained) with Rick Proctor. Camping and motels.

For further information contact ride leader Rick Proctor, BikeHound@comcast.net by Friday March 10th, 2017.

Experience the Columbia Gorge on your bicycle.

8 days, tentatively Saturday May 20th – Saturday May 27th, 2017.

This is a multi-mode tour using your bike and trains. Carry your gear on your bike for a mix of motels and camping, using restaurants when available. A – B terrain at a steady pace on mostly paved surfaces:

Day 1: Meet at the Everett Station. Using the roll-on bike feature, take the Amtrak train to Portland, OR. Bike 17 miles to a motel in Troutdale, OR.

Day 2: Bike 45 miles on the OR side of Columbia River to camp at Viento State Park, OR.

Day 3: Bike 41 miles on the OR side of Columbia River to camp to a motel in The Dalles, OR.

Day 4: Bike 22 miles mostly on the OR side of Columbia River to camp at Maryhill State Park, WA.

Day 5: Bike 55 miles on the WA side of Columbia River to camp at Crow Butte Park, WA.

Day 6: Bike 32 miles mostly on the WA side of the Columbia River to a motel in McNary, OR.

Day 7: Bike 44 miles mostly in WA to a motel in Pasco, WA.

Day 8: Bike 3 miles or so to Pasco, WA Amtrak Station, take train back to Everett.

5/31 - 6/2 Whatcom County Roads (HS) with Dan & Elaine Scott.. See June.

Weekends & Tours—2017 (cont.)

June**5/31 - 6/2 Whatcom County Roads (HS) with Dan & Elaine Scott**

scott.dan.l@frontier.com

Three days of rides. Quiet roads, includes Peace Arch, Lynden bakery, Sumas, and Lummi Island.

This is a series of day tours, and will be ridden at a touring pace. The idea is to tour together and share the enjoyment of the sights. There will be some stops for scenery or other points of interest. Food/meals will be purchased at various towns. There will be regroup stops as necessary. You need to bring spare tubes/patch kit/pump.

We will have a potluck dinner on the first night at Birch Bay SP. Elaine and Dan will provide spaghetti and brownies. Since we will be using Birch Bay SP for the Wednesday pot luck, you will need a state park day pass (\$10 or \$30 season).

Some of the rides will require remote starts, i.e. you drive to the start. These are routes are works-in-progress, subject to change when I get a chance to ride them.

Lynden-Sumas-Everson

<https://ridewithgps.com/routes/18454849>

Birch Bay - Peace Arch Park

<https://ridewithgps.com/routes/18454455>

or

<https://ridewithgps.com/routes/18454372>

Ferndale - Lummi Island

<https://ridewithgps.com/routes/18434904>

We will be staying in their RV at the casino mentioned below.

Possible lodging:

Casino/hotel belonging to Lummi Nation (also allows free RV camping)

<https://www.silverreefcasino.com>

Birch Bay State Park (for tent or RV camping)

<http://parks.state.wa.us/170/Birch-Bay>

6/8-6/11 Idaho Trails (HS) with Clarence Elstad. Ride the Centennial Trail in the Spokane area, the Trail of the Couer d'Alenes, and the Hiawatha Trail.

Style: Motel, hotel car shuttles, paved trails

Thu - We will carpool over and check into our lodging. (This is a hotel/motel/camping/Airbnb/VRBO/couch surfing/ hostel/warm showers, etc. type trip). Everyone will be responsible to arrange their own accommodations. (We may want to rent a house if there are several people interested) We will ride the Centennial Trail that goes from the Idaho/Washington Border to just east of Coeur d'Alene on the lake. This is 23 miles (<https://www.cdavid.org/794/departments/parks/trails-main/centennial-trail>) I recommend the use of a road bike or cross bike. (Trails we will be riding are all paved, other than the Hiawatha)

Fri - We will do part (25 miles) of the 'Trail of the Coeur d'Alene' that runs for 72 miles from the town of Plumber to Mullen. (<http://www.trailink.com/trail/trail-of-the-coeur-dalenes.aspx>). I can almost guarantee that you will see moose on this ride between Harrison and Cataldo. We will ride from Mullan, ID to Pinehurst, ID. (25 miles)

Sat - We will ride the rest of the 'Trail of the Coeur d'Alene'. We will ride from Pinehurst, ID to Plummer, ID. (50 miles) Bikers can chose to do all or part of the any of the rides, as they wish? Afterwards we can drive back home or stay an additional night in Idaho and do some additional rides. I recommend the use of a road or cross bike since all of the trails are paved.

Sun We will ride the Hiawatha Trail which included tunnels and bridges and you should either have a cross bike or mountain bike since it is on somewhat lose/packed gravel. You will also need a couple of very bright lights for the tunnels. You can rent a bike at the Trailhead location as an option.

Contact Clarence Elstad at: 425-268-8550 or celstad@gmail.com if you have any questions or want to sign up to do the ride.

Weekends & Tours—2017 (cont.)

June (cont.)**6/22-6/26 Eugene (HS) with MaryJo Gerst.**

Bike on the many bike friendly roads around Eugene and ride on the Covered Bridges Scenic Bikeway.

Thu – Meet in Eugene.

Fri – Bike the Covered Bridges Scenic Bikeway in Cottage Grove 36 miles

Sat - Bike around Eugene 45 miles

Sun - McKenzie Loop 30 miles

Mon – Bike around Eugene 35 miles

Rides are steady pace with stops to enjoy the area scenery

Lodging: There are many Airbnb options in Eugene but book soon.

Ride Leader: Mary Jo Email ride leader for cue sheets

maryjo1532@hotmail.com

Olympic Discovery Trail

Dates: June 23-25 (main ride on the 24th)

Leaders: Bob & Viv Biesiedzinski

Style: hub & spoke, camp/motel

The ride starts at the Sequim Bay State Park, (Bob & Viv's campsite TBD) at 9:30 am and travels west through the town of Sequim and then through lavender fields as we make our way to the Straights of Juan De Fuca and the town of Port Angeles. The trail is primarily "A" terrain, with a few spots that are "B-C". We ride at a steady pace with stops to regroup, and refresh, along the way. Plan for a 60+ mile round trip. Pack a picnic lunch as we will stop along the Straights for a picnic! There will be a "potluck" dinner at our campsite on Saturday evening after the ride. For more information and to R.S.V.P. contact Bob Biesiedzinski at 206-595-3822 or bobbez@gmail.com. There are still campsites available in the Sequim Bay State Park. Go to washing-ton.goingtocamp.com/SequimBayStatePark to make reservations.

July**7/1 - 7/4 NWTR (tandem rally)****7/15-7/16 STP****7/23 - 7/29 Trail of the Couer d'Alenes (CC) with Rick & Cindy Proctor**

For further information contact ride leader Rick Proctor, BikeHound@comcast.net by Friday March 17th, 2017.

7 days, tentatively Sunday July 23rd – Saturday July 29th, 2017.

6 hotel nights, no camping.

175+ bike miles.

Carry your gear on your bike for nights in hotels, using restaurants when available. Picnic lunches likely. A terrain at a steady pace on mostly paved surfaces:

Day 1 Drive 375 miles to Wallace, ID for 1st night.

Day 2 Bike 49 paved miles Wallace to Harrison for 2nd & 3rd nights.

Day 3 Bike 32 paved miles Harrison to Plummer round trip.

Day 4 Bike 49 paved miles to Wallace for 4th, 5th, & 6th nights.

Day 5 Bike 15 paved miles Wallace to Mullan round trip.

Day 6 rent MTBs or ride your own, bike the Route of the Hiawatha 30 gravel miles round trip.

Day 7 Drive 375 miles to home.

Weekends & Tours—2017 (cont.)**July****7/25-7/28 San Juan Islands (HS) with Clarence Elstad.**

Style: Motel, hotel, hostel, B&B, Airbnb

Jul 25 Meet at ferry dock at Anacortes and walk on with our bikes/luggage (pack light) and stay on San Juan Island for the 3 nights. We will have a chance to do some riding after checking into our lodging. Suggest riding to American camp and return. (I have made lodging reservations and they are not cheap-so make yours as soon as you can)

Jul 26 After breakfast we will ride to British camp and Whale Watch Park before touring, through the countryside, back to Friday Harbor.

Jul 27 Take the ferry to Lopez Island and bike for the day and return to San Juan Island for the evening.

July 28 Take ferry to Orcas Island and bike some of the quieter roads before returning to the ferry for the trip to Anacortes. (Store our luggage at Orcas while riding)

Contact Clarence Elstad at: 425-268-8550 or celstad@gmail.com if you have any questions or want to sign up to do the ride.

August

There are no scheduled weekend or tours this month! You can still add yours!!

September**9/7-9/11 Central Oregon Tour (HS) with MaryJo Gerst**

Style: hub & spoke, various loops/hotel

Thu – Meet in Sisters, Oregon

Fri - Bike from Redmond to Smith Rock. 30 miles

Sat – Bend Twin Bridges ride. 40 miles. Dinner in Bend after the ride.

Sun – Sisters Country Ramble. 35 miles

Mon – Bike Madras Scenic Bikeway. 30 miles. Stop in Madras on the way home.

Tues – Optional stay Monday night in Vancouver and ride in Vancouver.

Rides are steady pace with stops to enjoy the area scenery.

Ride Leader: Mary Jo Email ride leader for cue sheets

maryjo1532@hotmail.com

9/17 Cycle the WAVE

TBD Portlandia (HS) with Cindy Proctor & Allyson Welsh

TBD Birch Bay Weekend (HS) Bob & Viv Biesiedzinski

Weekends & Tours—2017 (cont.)**September****9/24-9/28 San Juans Island Hopping (CC) with Rick & Cindy Proctor**

Ride and stay on several islands.

For further information contact ride leader Rick Proctor, BikeHound@comcast.net by Friday May 12th, 2017.

5 days, tentatively Sunday September 24th – Thursday September 28th.

4 hotel nights, no camping.

Bike mileage TBD.

This is a multi-mode tour using your bike and ferries. Carry your gear on your bike for nights in hotels, using restaurants when available. Picnic lunches likely. A – B terrain at a steady pace on mostly paved surfaces:

Day 1 drive 65 miles to Anacortes, bike onto ferry to Lopez Island, bike around Lopez Island, ferry to Orcas Island & hotel for 1st & 2nd nights.

Day 2 bike Orcas Island.

Day 3 bike & ferry to Friday Harbor & hotel for 3rd & 4th nights.

Day 4 bike San Juan Island.

Day 5 bike & ferry to Anacortes, drive home.

October

TBD Portlandia (HS) with Cindy Proctor & Allyson Welsh

Ride Pics from the B.I.K.E.S. Club Members!



February had many great rides! Thank you to all who posted photos of what we love to do...RIDE OUR B.I.K.E.S.!
If you would like to see your pictures in the newsletter you can send them directly to editor@bikesclub.org or post them on the club Facebook Page!

Facebook!

Club members -- join [BIKES' Facebook group](#). We've set the page up to share photos, ride reviews, bike or travel discussions, etc. Thanks to Dan Scott for managing our page, and to the many members who contribute interesting posts.



[Check the Road Condition Before You Go!](#)

[Snohomish County Roads Central Updates](#)

[WSDOT Weekly Snohomish County Roads Weekly Update](#)



McClinchy Mile Jersey is Now Available!

Club Member Rider Miles

Rick	Proctor	404
Cindy	Proctor	287
Cheryl	Funkhouser	275
Bob	Nyberg	261
Dan	Scott	255
Bill	Paul	207
Bette-Ann	Shroyer	186
Ron	Andersen	173
Pier	Fiorentini	146
Jack	Willis	145
Robert	Pahlman	117
Debbie	Kawamoto	116
Bill	Lutterloh	100
Nancy	Graham	97
Judy	Lang	84
Rick	Dermody	77
Kristin	Kinnamon	77
Marcia	Stedman	77
John	DeNinno	66
Raquel	Haunreiter	63
Mason	Rutledge	63
Fred	Koch	47
Jan	Johnson	45
Kurt	Haunreiter	43
Mark	Olson	42
Rick	Poffenroth	42
Bill	Weber	29
Mike	Dahlstrom	28
Elaine	Scott	28
Joanne	Kennedy	26
Larry	Kennedy	26
Kala	Koch	26
Steve	Linari	26
Kenneth	Tang	25
Tom	Crisp	20
Brenda	Ferguson	20
Allyson	Welsh	20
Pam	Snook	18
Sean	Wilson	18
Tom	Weber	8

Order your inaugural McClinchy Mile Bike Ride jersey now! Be one of the first to have a first edition and show off the valleys and farmland of Snohomish County. The online store is open and the \$45 member price is good today and tomorrow. Price goes up to \$55 on March 1 and availability may be delayed. Jerseys are a comfortable club cut, full zip, no elastic at the bottom - same fit as the BIKES jersey.

Click on the link below to access the online store.

<http://www.peak1bikestore.com/mcclinchy-mile/>

Happy Riding,
Debbie Grant



Volunteer to work the Bicycle Expo Booth on Sunday and get FREE Admission! John and Bill would love to have you join in the fun and promote B.I.K.E.S. Club activities and information. If you are interested contact [Mike Dahlstrom](#) for details!

BICYCLE EXPO BOOTH STAFFING SCHEDULE

4-Mar	9am - 1pm (10am open)	1pm - 5pm
	Mike D Clarence	Rick P Cindy P
5-Mar	10am - 1pm	1pm - 4pm close
	John Carlin	Bill Weber



Oso Remembrance Ride

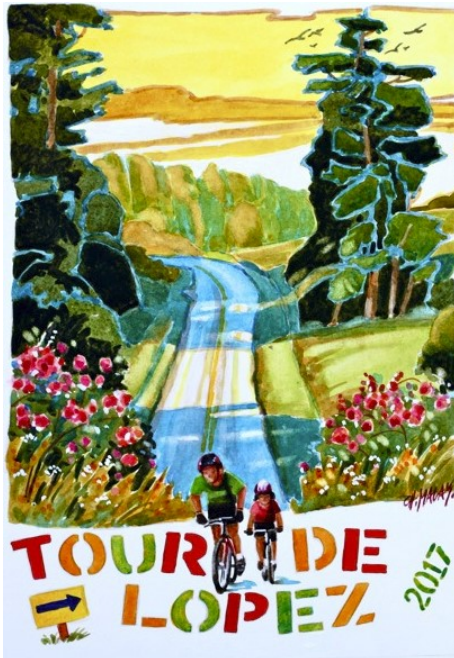
If you are interested in participating in the Ride to Remember Oso you can visit the webpage at www.ridetorememberoso.com/

Full details are available on the website and it is a great way to show your support to the community.



Planning to go to the Seattle Bike Show?

Print out this coupon for a \$2 discount on admission! You also could volunteer for work the B.I.K.E.S. Club booth and get free admission! See the details on the previous page of the newsletter!!



2017 Tour De Lopez

Are you looking to take in a fun bike event in the San Juan Islands? The Tour De Lopez is just the right event to go to! With a large variety of ride distances and a bounty of beautiful scenery this might just be what you are looking for. Visit www.lopezisland.com for more details!