

# Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

[Next B.I.K.E.S. Club meeting on January 15th @ 7:00 pm](#)

## December Rides: Weekends & Weekdays

### WEEKEND RIDES

**Arlington-Oso McClinchy Route**—Sunday, November 30th, meet at 9 a.m. at [Haller Middle School](#) to help test next year's McClinchy Memorial Ride to Oso (how is Sunday traffic?) Approx. 38 miles out and back, steady and moderate paces with regroupings. Lunch stop at Rhodes River Ranch. Ride leader must turn around at Oso, but those who want can make it a 56-miler to Darrington. Kristin Kinnamon, 425-923-7868.

<http://ridewithgps.com/routes/6172936>

**Donut Ride**—Sunday, December 7th and Sunday, December 28th, Join Gery for a 15-mile Silver Lake and Mill Creek loop. Social pace (10-12mph), B terrain. Bakery stop towards end of ride (one of several location to be decided by group). Nasty weather cancels the ride – please check Ride Updates page before leaving home, or give Gery a call. Ride leader Gery Osowiecki, 469 358-2887 (mobile).

**Lake Stevens Ramble**—Saturday, December 13th, 10:00 am. Circumnavigate Lake Stevens and enjoy quiet roads to the Centennial Trail and beyond. 24 miles, Moderate pace. Lunch option after. Ride leaders Kristi Knodell and Kristin Kinnamon, 425-220-8973 or kknodell@aol.com. Snow cancels.

**Holiday Warm Up Ride**—Saturday, December 13th, 10:30am. Meet at the 67th St. parking lot for the Centennial Trail. We'll ride to Snohomish with a stop at the Trails End Restaurant for a quick refresher. Approximately 32 miles. A terrain, Social pace. Rain or snow or below 40 cancels. Ride leaders Bob & Viv Biesiedzinski, 206-595-3822 or 206-595-3823.

**South Everett to Third Place Books**—Sunday, December 14th, 10:00 am. Meet at Thornton Sullivan Park. About 33 miles, Moderate pace, B Terrain. Check the Ride Updates page beforehand for changes and to confirm weather cancellation. Food stop at Third Place Books en route. Ride leader Dan Scott 425-501-6198

**Decorated Bike Ride**—Saturday, December 20th, 5:00 pm. Meet at the Northeast corner of Garfield Park in Everett. Light your bike, tinsel yourself, or grow a tree on your rack. It's time for a Christmas light viewing ride around Everett. A 5-10 mile leisurely ride around town. This is a night ride, headlight and taillight required, decorations are optional (but fun). Snow, ice and/or heavy rain will postpone, watch ride changes page for updates. Ride leader Bill Weber 425-327-3516 email [bbweberwa@comcast.net](mailto:bbweberwa@comcast.net).

**First Day of Winter Ride**—Sunday, December 21st, 10:00 am. Ride to Snohomish and on to Machias. Lunch in Snohomish on return. Approximately 26 miles, A terrain, Socialist pace (no one left behind), no hurry. Extreme cold (below 40), snow and/or rain cancels. Ride leader Mike Dahlstrom. Day of ride 360-348-0549, [mike.dahlstrom@frontier.com](mailto:mike.dahlstrom@frontier.com).

### WEEKDAY RIDES

**Pre-ride to Gery's Ride**—Tuesday, December 2nd, 10:45 am. Meet at Silver Lake Bicycle Centre. We will return in time to join Gery's Tuesday Silver Lake and Mill Creek Loop. Steady pace, B terrain, 12 miles. Check Ride Updates if weather looks doubtful. Ride leader Dan Scott 425-501-6198.

**Tuesday Lunch Rides**—Tuesdays, December 2, 9, 16, 23 & 30, 12:00 noon, Silver Lake Bicycle Centre. Join Gery for a short 10-mile Silver Lake and Mill Creek loop: Social pace (10-12mph), flat terrain with just a few very very short climbs (like less than one block each). Optional (quick for Gery) coffee after the ride before he has to return to the office. Nasty weather cancels the ride, but not the coffee - please check the Ride Changes page before leaving home. Ride leader Gery Osowiecki, 469 358-2887 (mobile).

**For Ride Updates, see the club ride updates [webpage](#).**

**DECEMBER 2014**  
**VOL. 423**

### RIDE GUIDE

#### **PACE**

<b>Easy</b>	under 10 mph
<b>Social</b>	10–12 mph
<b>Steady</b>	12-14 mph
<b>Moderate</b>	14-16 mph
<b>Brisk</b>	16-18 mph
<b>Strenuous</b>	< 18 mph

#### **TERRAIN**

**Mostly flat:** Flat or gentle grades only (trails, Norman Rd)

**Rolling:** Most climbs are short and easy (Granite Falls, Kitsap)

**Hills:** Frequent steeper and/or longer hills (Whidbey Island)

**Difficult:** Many hills, long, steep grades (RAMROD, mt. pass)

*Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.*

#### **Pedal Pushers**

B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. **Lynnwood Senior Center** Wednesdays and Thursdays, alternating weeks. See the [Rides calendar](#) for details.

# Prez Sez...

Year-end is a good time to look back as well as forward. BIKES Club of Snohomish County has been around since the late 1970s, and I think we still have one or two of those original members in the club (please let me know if you are one). We have hosted a McClinchy Mile Ride since the 1980s.

As we end 2014, we have about 140 members. At least 30 club volunteers step up each March to host McClinchy. Looking at the "Rider Miles," 97 of us went on at least one club ride this year, and 52 members rode more than 100 miles with the club. Thanks to **Rider Miles Coordinator Linda Hunter** for keeping those statistics.

We'll be celebrating riders and the 21 dedicated ride leaders who make it happen at **our club Holiday Party on Dec. 6**. The party is a great way to meet club members, enjoy good food and drink, and laugh over some true White Elephant gifts. Please RSVP to me by Dec. 3 if you plan to attend, and try to carpool if possible as the hall is big, but the parking lot is small. Thanks to **past president Warren Bare** for again hosting this festive event.

Looking forward, we plan some changes for 2015. Member dues will go up by \$5 (to \$20 individual, \$25 family) to more fully cover basic club costs such as insurance, communications (website and print), meeting costs, and events. Thanks to **Treasurer Gery Osowiecki** for doing the math that helped us make that decision. We are also working towards adopting a budget so we are purposeful about how we raise and spend money.

Club membership continues to be an affordable and important way to support bicycling in Snohomish County.

We'll be cutting back on printed newsletters in 2015— members will receive copies only via email thanks to the work of **Editor Bob Biesiedzinski**. Our website will expand its role as the most up-to-date source of information (thanks to **Tim Wise** for managing our site). Another communication tool ably administered by member **Dan Scott** is our **Facebook** Group. It's a great place to post photos and share ride reports.

Recreational bike rides is what the club has always been about. **Ride Coordinator Debby Grant** is again not only encouraging ride leaders to plan weekend and weekday rides, she is also coordinating multi-day tours. If you are interested in leading a tour (or want to get them on your calendar early), a **tour scheduling and planning meeting** will be held at **2:30 p.m. Sunday, Jan. 4** at Dan and Elaine Scott's house in south Everett. Thanks to **club Secretary Mary Jo Gerst** for being the first to plan tours for 2015 – there are many great riding destinations in the Northwest, and Mary Jo and other dedicated ride leaders are slowly ticking them off one by one.

I am writing this column Thanksgiving week. I personally am thankful for the many friends, adventures, local advocacy, trail support, and cookies I've made or had as a member of BIKES Club of Snohomish County. We are a small but active group, typical of so many organizations where people enjoy old friends but also wish for new blood.

You'll hear more about that in 2015. Happy holidays.

**Kristin Kinnamon**

## [B.I.K.E.S. Club Holiday Party December 6](#)

Plan to attend because:

1. BIKES club members are good cooks, good wine makers and good beer drinkers, too.
2. Ride leaders will be honored and thanked
3. Rider miles will be recognized
4. Crazy white elephant gifts (and some good gifts, too) will be exchanged.

All BIKES Club members and families are welcome Starts at 6 p.m. in the Community Room at Carriage Club Mobile Home Park— 13320 Highway 99, Everett, WA. Dinner is Potluck – BIKES provides a holiday ham (**volunteer needed to procure and cook ham! Contact Kristin**) and non-alcoholic beverages. Members BYOB, non-alcoholic or other, and a potluck dish.

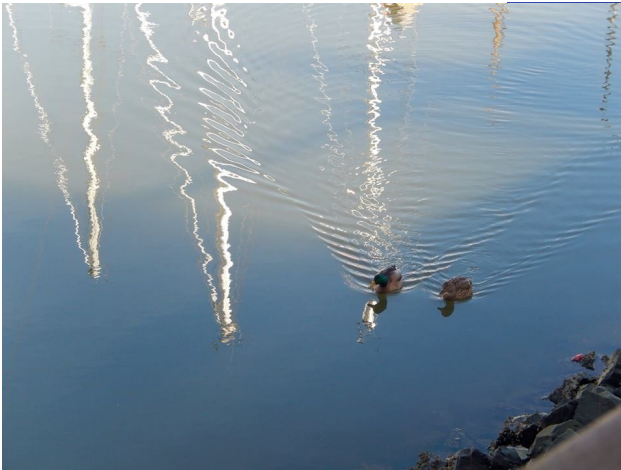
Based on first letter of last name please bring: **A-N – Salads & Side Dishes**      **O-T – Desserts**      **U-Z – Appetizers**

Or bring the special dish you like and forget about the list!

Don't forget to bring a wrapped gift for the White Elephant gift exchange. Please bring one gift for each member /guest in your party. Bike-theme gifts are popular but we have fun with anything.

**Please RSVP by Dec. 3 to [president@bikesclub.org](mailto:president@bikesclub.org) or by calling 360-658-2462.** There's plenty of room for everyone, so come meet fellow members and enjoy the festivities. Carpooling is encouraged.

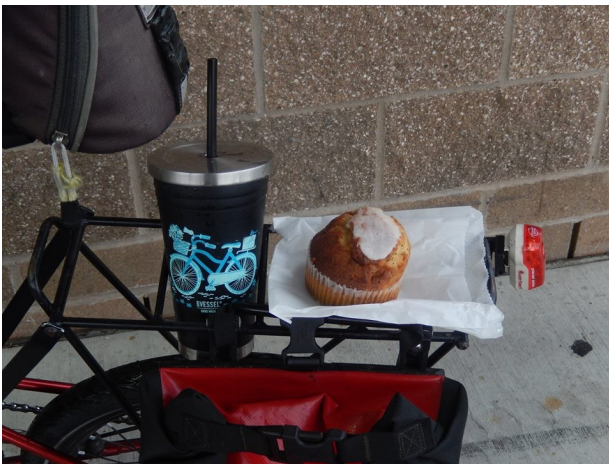
## 2014 B.I.K.E.S. CLUB RIDES PHOTO GALLERY!



*A relaxing view as posted by Nancy Graham while on a Coffeneuring ride in Everett*



*On the route with the Oso Mudslide in the background.*



*A bicycle, some tea and a muffin make for an enjoyable ride!*

### Member News

Please welcome new B.I.K.E.S. Club Members:

- Bradley Coats
- John Hollis
- Mason Rutledge

THANK YOU for renewing your membership:

- Steve Hudspeth
- Debbie Kawamoto
- Steve Lodholz
- Kay Peterson

Are you interested in leading a club ride? Contact our ride coordinator at [leadaride@bikesclub.org](mailto:leadaride@bikesclub.org) to get your ride on the calendar!  
<http://www.bikesclub.org/Ride-Leader-Guide>



## Rider Miles as of October 2014

Bob	Nyberg	2593
Pier	Fiorentini	2311
Dan	Scott	1731
Warren	Bare	1468
Gary	Broughton	1290
Gery	Osowiecki	970
Bette-Ann	Shroyer	902
Bill	Weber	880
Tim	Wise	762
Steve	Linari	723
Bill	Lutterloh	697
MJ	Gerst	696
Susan	Hausmann	673
Tom	Weber	615
Brenda	Ferguson	605
Fred	Koch	570
Debby	Grant	555
Michael	Sheldrake	498
Erik	Westlund	478
Nancy	Graham	461
Elaine	Scott	441
Bobbie	Laue	439
Jim	Barrett	420
Adrienne	Dorf	415
Robert	Pahlman	403
Kala	Koch	388
Mike	Dahlstrom	379
Stephanie	Roche	368
Kristin	Kinnamon	362
Chuck	Garrity	352
Marcia	Stedman	349
Larry	Kennedy	338
Craig	Cameron	323
Joanne	Kennedy	321

Bob	Biesiedzinski	314
Vivian	Biesiedzinski	314
Kathy	Riddle	307
Diane	Slenkamp	307
Allyson	Welsh	304
John	Carlin	285
Janell	Reich	263
Kristi	Knodell	262
Jack	Willis	254
Linda	Hunter	233
Debbie	Kawamoto	216
Robert	Smith	214
Jack	McClincy	210
Steve	Lodholz	184
Kay	Peterson	178
Jim	Stewart	176
Victoria	Peters	175
Leslie	Strickland	159
Mason	Rutledge	153
Marrietta	Zander	135
Lynn	Kuhlman	130
Dorothy	Lindstrom	120
Diane	Gordon	116
Judy	Brackett	110
Rick	Krochalis	110
Libby	Krochalis	110
Steve	Laue	110
Dick	Nicholson	109
Steven	Hudspeth	101
Susan	Lahti	95

James	Wright	91
Perry	Walker	89
Cathy	Tanker	86
Jaydon	Smolden	84
Cheryl	Walchi	83
Henriette	Klauser	78
Lucie	Johns	71
Pete	Pias	68
Donald	Mohs	67
Alec	Kutchma	65
Terri	Spencer	62
Matt	Petersen	61
Pam	Hallanger	59
Chad	Pritchard	51
Philip	Gay	50
Peter	Pisani	49
Bill	Newman	44
Jim	Roosma	42
Robert	Rotert	42
Jorden	Rotert	42
Laura	Elmore	40
Jay	Grant	39
Bill	Ferguson	36
Abe	Osowiecki	35
Vickie	Stewart	35
Michael	Snodgrass	32
Peter	Smith	31
Adrienne	Smith	31
Claire	Kline	29
Clarence	Elstad	28
Jennifer	Winson	28
Nancy	Webb	20
Patty	Garrett	8
Brent	Hunter	5





## Christmas House 2014



It is that time of year again to get kids bikes ready to give to Christmas House. We have lots of bikes to get completed so we hope you can help. All levels of mechanical abilities are welcome from the professional mechanic to the spit and polisher. Here are the dates and times

### Work Party Schedule

Wednesdays October 15 thru December 10, 6pm to 9pm

Saturday December 6, 10am to 3pm

You can also come help anytime during open hours in October and November: **Tuesdays, Wednesdays and Thursdays 1pm to 6 p.m.**

Christmas House will open December 4 and will close December 20. For more information on Christmas House or to volunteer for them check out <http://www.christmas-house.org/>

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So Good it Bears Repeating!!!!

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## Next Club Meeting

The club meets at 7 p.m. Thursday, November 13 at the PUD, 2320 California St., Everett. Check the club calendar for notice of an early dinner gathering location.

## A Note from the Editor

After many, many years the club has voted to end the print version of the Chainwheel Chatter. Starting with the January 2015 issue the club newsletter will only be available to club members in an online printable format. Each month the members of the club will receive an email letting them know that the newsletter has been posted to the club website along with a link to the newsletter itself. Thank you for reading and we promise to keep club information coming to you in the future.

Editor, Chainwheel Chatter

### 2015 Tour Planning Meeting!

If you are interested in leading a multi-day tour in 2015 (or want to get them on your calendar early), a **tour scheduling and planning meeting** will be held at **2:30 p.m. Sunday, Jan. 4** at Dan and Elaine Scott's house in south Everett.



OF EVERETT AND SNOHOMISH COUNTY

We're on the web at  
[www.bikesclub.org](http://www.bikesclub.org)

Primary Business Address

Is it time to renew? →

Primary Business Address

# Chainwheel Chatter December 2014

## Upcoming Tours in 2015

### Coming in May! - Sun Lakes and Grand Coulee Dam

Spend 3 days cycling and sightseeing in one of the most interesting and spectacular areas of Eastern Washington. We will be staying at Sun Lake Park Resort. Where in addition to biking there is a 9-hole golf course, hiking trails, boat rental and an outdoor heated pool.

### Thursday – Monday, June 11-15: Grande Tour Scenic Bikeway

This Scenic Oregon Bikeway covers some of the route traveled by pioneers on the Oregon Trail. Enjoy stunning mountain views of the Elkhorn Range, the Blue Mountains and the Eagle Caps of the Wallowa Mountains. Other nearby activities include golfing, hiking, swimming and mountain biking.

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone ( ) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

Membership \$15 Annual (INDIVIDUAL)  New Member

DUES \$20 Annually (FAMILY)  Renewal

**A reminder that club dues go up on January 1, 2015 by \$5.00 per membership type!**

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.