

Chainwheel Chatter

B.I.K.E.S.

Your Snohomish County Cycling Club for OVER 30 YEARS

From the President

As I scraped ice off my car windshield this morning and passed frost-covered grass and shrubs while I drove to work I remembered why I seldom ride my bike this time of year. I admire those who continue to lead rides and those who follow – you can see a list of both on the Club Miles page. Scheduled rides might be a little slim in January but watch the Ride Updates web page for adhoc listings.

2011 final Club Miles are also reported in this newsletter. At the Holiday Party on December 3 we applauded high mileage members and everyone on this list had opportunity to choose a cycling accessory from a mixed-bag of goodies. I love potlucks and BIKES' party potluck didn't disappoint – from smoked salmon and deviled eggs appetizers to Elaine Scott's famous brownies – we feasted well. Once again Warren Bare, Newsletter Editor and Member Extraordinaire, graciously opened his recreation room to host the party and give us space to relax and eat and visit off our bikes. Thank you, Warren. And thank you Elaine Scott for buying the hams and thanks to everyone who helped rinse and stack dishes and wipe down the kitchen and put the place back in order.

Also at the holiday party, generous and thoughtful members presented me with a gorgeous and stylish Sweet Spot cover-up skirt as a thank you gift. There are times when it's nice to wear a little more than spandex and Sweet Spot is a perfect solution. Thank you to the Board and membership for the skirt and for always letting me know how much you enjoy BIKES.

If you don't usually attend BIKES' monthly meetings you might want to attend in January. Tom Tanner, Cyclists of Greater Seattle (COGS) member, is scheduled to show pictures and talk about the 2011 COGS Croatia bike tour. It's always fun to learn about how others tour by bike and the fun places they visit. And BIKES buys the pizza for this event!

Keep Pedaling

Debby Grant,

JANUARY 2012

ISSUE 387

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BIKES Club Meeting,
Thursday, January
12th, 2012 6:30pm
Alfy's Pizza on
Broadway.

The club provides pizza
you pay for your
salads and drinks.

Bike Tour of Croatia
presented by
Tom Tanner
from COGS at 7:00pm.

EXPO EXPO EXPO EXPO EXPO

ATTENTION cycling enthusiasts. Here's an opportunity to help your club and enjoy the largest bicycling exposition in the country. We need volunteers to staff BIKES booth at Cascade's Bicycle EXPO 2012, on March 10 and 11. Contact Mike Dahlstrom at mike.dahlstrom@frontier.com

Transportation Advocacy Day

The 2012 Transportation Advocacy Day is set

Jan 31, 2012, from 08:00 AM to 04:00 PM, Olympia Washington

Visit your legislator, connect with other advocates, and be a citizen lobbyist. You as citizen lobbyist are the most powerful tool we have to be successful in pushing forward good policies in Olympia and we need your support. We are shooting to have the largest transportation advocacy day ever. This will be an all day event,

(more on page 5) |



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Club Miles Compiled to 12/03/2011

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

Ride Leaders: When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

Warren	Bare	2113	Nancy	Graham	172	Perry	Walker	47
Bill	Lutterloh	1478	Susie	Paquette	165	Joanne	Kennedy	47
Gery	Osowiecki	892	Warren	McAndrew	145	Larry	Kennedy	47
Wendell	Hultman	602	Allyson	Welsh	141	Sally	Davies	46
Dan	Scott	596	Pam	Hallanger	133	Robert	Smith	45
Evelyn	Rayburn	594	Kay	Peterson	126	Susan	Hausmann	45
Bill	Weber	584	Dave	Fielder	126	Shirley	Slade	42
Debby	Grant	543	Adrienne	Dorf	105	Kala	Koch	41
Tim	Wise	538	Steven	Hudspeth	99	Dick	Nicholson	40
Steve	Linari	460	Doug	Andrews	84	Jack	McClincy	30
Tom	Weber	445	Richard	Szabo	83	Janell	Reich	30
Kathy	Riddle	440	Annie	Peterson	79	Patty	Garrett	30
Dorothy	Lindstrom	440	Rod	McDonald	77	Moe	Moosavi	30
Pier	Fiorentini	357	Michael	Snodgrass	74	Nancy	Webb	26
Mike	Dahlstrom	258	James	Wright	74	Albert	Penta	24
John	Carlin	234	Dan	Cornelissen	68	Linda	Hunter	22
David	Wadley	219	John	Happold	60	Leslie	Strickland	22
Peter	Pisani	209	Clarence	Elstad	56	Bill	Newman	22
Elaine	Scott	204	Stephanie	Roche	55	Tom	Crisp	19
Cheryl	Walchi	197	Jay	Grant	54	Kristi	Knodell	18
Bob	Nyberg	176	Keith	Gerhard	54	Fred	Koch	16

Miles December 4th through the18th

Warren	Bare	136	Bill	Weber	40	Pam	Hallanger	15
Tim	Wise	63	Steve	Linari	33	Mike	Dahlstrom	11
Gery	Osowiecki	61	Kathy	Riddle	30	Tom	Weber	7
Bob	Nyberg	52	Bill	Lutterloh	16			

Approximately 40% of BIKES membership get the Chainwheel Chatter electronically online.

YOU TOO CAN GET YOUR newsletter electronically. Email roster@bikesclub.org and save a tree.

Kristi Knodell is the February ride coordinator.

Ride leaders can simply send their ride ideas to the "leadaride" address, then the email will automatically forward to the current month's ride coordinator.

leadaride@bikesclub.org

Ride Guide

PACE

- Leisurely** / Under 10 MPH
- Social** / 10-13 MPH
- Moderate** / 13-16 MPH
- Brisk** / 16-18 MPH
- Strenuous** / Over 18 MPH

TERRAIN

- A Mostly flat / Norman Road
- B Rolling Terrain / McClinchy Mile
- C Rolling steeper hills / Kitsap Peninsula
- D Difficult Terrain / Whidbey Island
- E Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

Monthly Ride Calendar

UNABLE TO FIND A RIDE THAT WORKS FOR YOU?
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.
STILL NOT FINDING ONE OF INTEREST –
Enter one on the Ride Updates on the Web.

Weekday Rides

Monday January 2nd – Interurban Trail. Start at 10am from the North end of the Interurban Trail (on 43rd Street and Colby) in Everett to 44th St. in Lynnwood (new bridge) and return. Stop for lunch in Lynnwood at the mall or near trail?? Don't know the distance at this point. Ride leader Clarence Elstad 425-514-3446 residence and cell 425-327-5320.

Mondays January 2nd, 16th – Mukilteo - Lake Cassidy - Lake Stevens. Meet at 10am at the Church at 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Snohomish-Machias-Lk Stevens-Everett-Mukilteo. Ride Leader Pier Fiorentini. 60 miles. Pace: Social. Terrain:A/B. Ride Leader Pier Fiorentini. Leave a message (425)349-5065 or email: fiorepg@frontier.com

January 4th, 9th, 25th – Mukilteo-Snohomish (via Larimer Rd)-Everett. Meet at 10am at the parking of 5425 Harbour Pt. Blvd., Mukilteo. Route: Mukilteo-Larimer Rd-Snohomish-Everett-Mukilteo. 47 miles. Pace: moderate. terrain:A/B. Ride Leader Pier Fiorentini. Leave a message (425)349-5065 or email : fiorepg@frontier.com

Fridays January 6th, 13th, 20th, 27th – Mukilteo-Forest Park-Everett. Meet at 10am at the parking lot of 5425 Harbour Pt. Blvd., Mukilteo. 20 miles. Pace: Social, terrain:B. Ride Leader Pier Fiorentini. Leave a message (425)349-5065 or email : fiorepg@frontier.com

Wednesday January 11th – Mukilteo - Echo Lake. Meet at 10am at the parking of 5425 Harbour Pt. Blvd., Mukilteo. Via Lowell-Larimer Rd, Connelly, Elliott, Welch Rd, Fales. 52 Miles. Pace: Moderate. Terrain: A/C. Ride Leader Pier Fiorentini. Leave a message (425)349-5065 or email: fiorepg@frontier.com

January 18th, 23rd – (Al's Loop) Mukilteo-Snohomish (via River Rd)-Everett. Meet at 10am at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Larimer Rd-Snohomish-Everett-Mukilteo. 42 miles. Pace: Social. Terrain: A. Ride Leader Pier Fiorentini. Leave a message (425)349-5065 or email : fiorepg@frontier.com

Monday January 30th -- Mukilteo-Snohomish-Monroe. Meet at 10am at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Return via High Bridge Rd - Lowell-Larimer Rd. 52 Miles. Pace: Moderate. Terrain: A/B. Ride Leader Pier Fiorentini. Leave a message (425)349-5065 or email: fiorepg@frontier.com

Weekend Rides

Sunday Saunter – Great Beginner to Intermediate ride. 1:00pm Centennial Trail (Arlington) 10, 25 or 35 mile out and back, you can't get lost! Call ahead to confirm. Ride leader Rod McDonald (425-359-6710) or Rick Schranck (425-737-8445) Showers cancel.

Sunday January 8 – Silver Lake – Snohomish – Everett. A 10am start will take us on this 35-40 mile loop at a low moderate pace and will include a snack/food stop along the way. Rain, ice etc. cancels. Leader Warren Bare 425-478-9594. bare.warren@gmail.com

Saturday January 21 – Twin Lakes - McCary - Stanwood Ride this 38 mile to Stanwood starting at Twin Lakes – Smokey Point. A 10am start and a food stop in Stanwood before a return on the new leg of the McClinchy Stanwood route. High social pace with some hills. Bikely Map - <http://www.bikely.com/maps/bike-path/Twin-Lakes-McCary-Stanwood> (except the new leg of McClinchy) Ride leader Warren Bare 425-743-7593 bare.warren@gmail.com **Please RSVP** and rain snow etc. cancels.

Sunday January 29th – McCollum Park – Snohomish – Everett. A 10am start will take us on this 35-40 mile loop at a low moderate pace and will include a snack/food stop along the way. Rain, ice etc. cancels. Leader Warren Bare 425-478-9594, bare.warren@gmail.com

Centennial Trail News

By Vice President Rick Schranck

As many of you know the "Gap" is finally done and by the amount of people using it to get to and from Arlington it seems very popular. Unfortunately Arlington still has to finish the last little bit to get into town. When you get to the end of the trail/sidewalk at 67th and 204th (Cemetery Rd) you are left with 2 options: you can either go straight North on 67th into town (the flatter, more direct route, but also more dangerous as the shoulder runs out) or you can turn East and go a half mile to Hwy 9 (Haggen's, Safeway, McD, BurgerKing) then go North on Hwy 9 to skirt Arlington or go into town. This route has a hill but wide shoulders. You can also continue East for one more block past hwy 9 and turn north on Olympic. This also has a hill but becomes Main street Arlington.

Once you get North of town the Centennial Trail begins again at Haller Park - 1 block East of Hwy 9 on hwy 530 (aka Burke). This section of trail takes you 3 more miles to Bryant and is much more peaceful than Hwy 9. The trail North of Bryant is nearly finished and was scheduled to be opened by now but they ran into soil problems so it is officially closed still. I have ridden up to the Pilchuck Creek bridge (1.5 miles past Bryant) to see the progress and it is going to be a beautiful section when it opens, probably in the Spring sometime. Just remember that it only goes to the county line and there are no services north of Bryant.

Whitehorse Trail

More exciting news is that the Whitehorse Trail to Darrington is now getting attention since the Centennial trail is all but complete in North county. The Whitehorse Trail begins at Haller Park and currently is open a few miles and suitable for horses and mountain bikes. The hope is to someday have the trail paved all the way to Darrington which would give bikers another 25 plus miles of beautiful scenery and peaceful riding.

A tour of Christmas House

On December 12, I rode to Christmas House at the invitation received and posted by Debby Grant in the Member Section.

Board member and Grant Writing Chairperson, Jan Barrow gave me a tour of their operation and explained their procedures. Those are available at www.christmas.house.org

After Thanksgiving the Boys and Girls Club in north Everett allows Christmas House to use the Gym. In separate sections a large portion is used for gifts picked for the children whose families have qualified. A separate space is used for storage and staging.

The grant that BIKES has been able to provide for a number of years supplies helmets for each bike out the door. Some bikes are supplied by Sharing Wheels and a number purchased with donated funds.

A few quick stats on Christmas House

- In 2010 we served 10,093 children from 3,485 families with Christmas gifts.
- We are a 100% volunteer organization, from our 22-member Board of Directors to the 850 community helpers whom we mobilize each December to help us set up and manage our *open store*.
- Our volunteer hours during 2010 were 8,530.
- We stretch our donated dollars to the max and estimate that our gifts' retail value of over \$520,000 in 2010 cost us approximately \$154,000.
- Our funding sources were three during 2010: 75% Corporate and Foundation grants, 14% Individual and Workplace donations, and 11% Special Events.
- Christmas House distributes more than 99% of our funding to the children we serve!
- This year is our 31st year of providing Christmas gifts to children of low-income families in Snohomish County.

This Christmas we expect to serve a minimum of 10,000 children from approximately 3,500 families.

We'll be giving each of these children a stocking stuffer, a small and a large toy, a stuffed animal, new socks or undies, and one child in each family will receive a new warm jacket until our supply is exhausted

Christmas House is a truly remarkable endeavor and it is with pride that BIKES has been able to provide grant's for a number of years that adds to the myriad of gifts to the children of Snohomish County and the success of Christmas House.

(by Warren Bare)

Transportation Advocacy Day 2012 Olympia, Tuesday January 31, 8.00AM-4.00PM

(Information from Bike Alliance of Washington – Transportation Choices Coalition - And Cascade Bicycle Club)

Snohomish County has some legislative members in key positions in transportation committee's and BIKES members in previous years have been well represented at Transportation Day that provides opportunity to exchange ideas and support bills in our interest and oppose those not, while having an interesting fun day.

If you are interested in joining those going to Olympia on the 31st register at this web site <http://transportationchoices.org/action/transportation-advocacy-day-2012> or go to the BAW or Cascade website and contact Warren Bare at 425-743-7593 bare.warren@gmail.com so we can coordinate rideshare from Snohomish County.

2012 Legislative Priorities Set

The Bicycle Alliance board approved a set of 2012 legislative priorities as recommended by the Legislative & Statewide Issues Committee. Our agenda will include:

- Continued support of HB1700, which carries over from 2011 and would encourage higher-quality bike and pedestrian facilities by allowing greater flexibility in design standards.
- Continued support of HB1217, which would give cities and counties the authority to establish 20 mph zones on some non-arterial streets to lower accident rates and protect vulnerable users.
- Work with other non-profits to support a transportation funding package called Transportation for Washington.
- Work with WSDOT and others to support funding for the Complete Streets bill passed in 2011.

Use 2012-2013 to see if there is support for a 3-5' safe passing bill and, if so, build a coalition of support.



Some were surprised that Lenin appears to be Christian, what with the sign on his chest and unlit star on his head. And the Club members at the holiday party (below) appear to be closer to the center of the Universe than Fremont Pl. N. and Fremont Ave N.



But everyone knew that as long as the Troll had his eye on events that things wouldn't get too far out of hand in FREMONT

www.bikesclub.org
B.I.K.E.S. Club
P.O. BOX 5242
Everett, WA 98206

Primary
Business

Renewing Members

Bill Lutterloh
 Shirley Slade
 Peter Pisani

New Members

Jackie Minchew
 Karl Robinson
 Judi Chadwick
 Kevin Patterson
 Dan Holiday
 Andrew Cassese
 Warren McAndrew

The LIGHTED Ride with Carols On December 17th Presented by Bill Weber - Bill Weber Productions drew a group of riders on the warm dry evening to enjoy the lights of Everett.

Bill's intent was to see the various creations of holiday lights and in doing so we went this way and that looking for more and brighter, lighting and the lighting on the bikes provided illumination when the homes didn't. **Bill and Tom Weber and Bill Lutterloh—Below**



And throughout the ride holiday music accompanied the parade of cycles courtesy of Bills sound system that surprised and delighted a number of pedestrians out and about.

Upon the return to the start Bills wife kindly offered hot cocoa, coffee and delicious cake to complete the event.

Not a long hard endurance event just lot's of fun.

Is it time to renew? →

Chainwheel Chatter January 2012

NEWSLETTER SUBMITTAL

Please submit all material for the **February** newsletter by **January 20**

to editor@bikesclub.org

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** with a \$25.00 refundable deposit. Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annually (INDIVIDUAL)

DUES \$20 Annually (FAMILY)

Member benefits: 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.